

*to area to achieve excellen*

# ILLAWARRA ACADEMY OF SPORT ANNUAL REPORT 2007

This annual review covers the activities of the Illawarra Academy of Sport.  
Incorporated for the period 1st January 2007 to 31st December 2007.

This report highlights the establishment, operation and achievements of the Academy, and presents a detailed source of information for the promotion of the Academy and its athletes.

Enquiries regarding scholarships or sponsorship and donations, to further enhance the Illawarra Academy of Sport as one of the prominent sporting organisations in NSW and Australia can be directed to:

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Telephone: (02) 4283 5611 Facsimile: (02) 4284 0149  
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Email: [info@ias.org.au](mailto:info@ias.org.au)

## PARTNERS 2007

NSW Sport & Recreation  
Wollongong City Council Shoalhaven City Council  
Shellharbour City Council Wingecarribee Shire Council  
Kiama Municipal Council University of Wollongong

## Sponsors 2007

Aceit Sportswear BlueScope Steel  
Sydney Water City Coast Credit Union  
AHA Illawarra Sub-branch  
Warilla Bowls and Recreation Club  
Pubstay - AHA South Coast Sub-branch

## Friends 2007

Graphic Connection Zeffa Consulting  
Fairy Meadow Demonstration School

## Academy Patrons 2007

Professor Stephen Martin  
Professor Gerard Sutton Vice - Chancellor,  
University of Wollongong

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## CHAIRMAN'S REPORT

We are now in our 22nd year. As you all know we were the first Regional Academy and we are determined to keep the Illawarra Academy at the forefront of regional academies in Australia.

Like all good Boards, the Academy Board operates at three levels:-

- Firstly, our core activities focus on developing our elite young athletes and that we are operating at peak efficiency and effectiveness.
- Secondly, our governance requirements are up to date and as relevant as we can make them.
- Thirdly, we are committed to continuous improvement across our whole operations - we want to stay number 1. The Board members are every bit as competitive as our athletes - coming second isn't an option.

During the year, our Board resolved to review our sports programs and our new sport selection process and we have now decided to admit tennis, lawn bowls and swim sports.

This follows on from the review we held late last year regarding our selection criteria for athletes and improvements to our induction of new athletes - including holding formal interviews with their parents as well as with the athletes.

Our Sponsors are fundamental to our existence. For me one of the sponsorship highlights of the last 12 months was the involvement of Josh and Ben Kersten, two proud former academy athletes, representing Raine and Horne Wollongong, taking the initiative to gain funding to sponsor the cycling program. We found that to be something really special - and I'm sure you do too.

We have 3 new directors, Professor Julie Steele and Ms Vicki Tiegs. Both Julie and Vicki bring special skills and experience which we need on the Board - Julie in sports science and Vicki in marketing.

Our third new Director is Richard Davis - who is well known and highly respected in the Illawarra Aboriginal community as a leader of his people. Richard brings considerable skills to our board as a community representative.

It hasn't all been good news however this year we have been deeply saddened by the tragic death of a very talented young cyclist, Ben Mikic who was about to accept a scholarship with us - indeed he was killed whilst on a training ride on the Friday evening and his letter accepting our scholarship offer was already in the mail - our staff opened it on Monday morning.

Mid year we lost one of our founding fathers Tom Penrose who passed away quite suddenly. Both deaths had a profound impact on us.

On a happy note, the Illawarra Mercury Sports Star of the Year nominees for 2007 were honoured recently - 8 out of 14 nominees were Academy scholarship holders either past or present. Sally Fitzgibbons, our last year's winner of the Tobin Family Award, was named as the 2007 Illawarra Mercury Novotel Northbeach Sports Star of the Year.

The Illawarra sporting community can clearly see the impact the Academy is having on sport at the State, National and International levels. Our athletes continue to do great things.

The NSW Government, through NSW Sport & Recreation, along with the support of local councils and the University of Wollongong are our major partners.

Our major corporate sponsors are BlueScope Steel, Illawarra Hotels Association, ACEIT Sports Wear, Credit Union Australia, Sydney Water and Pubstay. Together with other program sponsors such as Warilla Bowls and Recreation Club, our cycling team sponsors and local and state sporting associations which number more than 20.

On behalf of the Academy Board, Executive Director, staff, coaches and support staff and especially our athletes and their very supportive parents, I extend to you all, sponsors and supporters, a sincere thank you for your ongoing support of our academy and I trust this support will continue.

To our star past and present scholarship holders, 2008 is the year of the Beijing Olympics and we wish great success to our athletes who are vying for selection in the Australian team.

**Brian Weir** | Chairperson

## EXECUTIVE DIRECTOR'S REPORT

As we move towards offering our 4,000th scholarship, the achievements and progression of past scholarship holders comes to mind. Over the years, these graduates have set a high benchmark of sports achievement and in many cases are still doing so.

The sporting landscape has changed greatly since the Academy was established. "Are the youth of today able of replicating these standards?" I am pleased to report that performances over the past twelve months give a strong indicator that this standard will continue.

In 2007, 6% of all athletes (who are able to reach international standard in their sport), last year, did so! The achievements at state level are equally impressive with some 44.8% of all athletes reaching this level!

Clearly, none of this would have occurred without the considerable expertise and commitment shown by the Academy coaches and support staff. Once again, more than 35 sports coaches volunteered their time and made a significant contribution to assisting the development of young talented athletes of the region through the Academy.

Our core program elements of high level sports coaching, education sessions & sports science support has been developed with the financial and in-kind assistance of sponsors and sporting associations at local and state levels. To these groups, all of whom are listed in detail within sports report.

The Academy's financial position continues to be solid as a result of the financial support of NSW Sport & Recreation, local Councils, the University of Wollongong and key sponsors. However, the Academy continues to look for new avenues of financial support to assist athlete development. One such initiative was provided last year through the efforts of Ben & Josh Kersten.

Both are Academy graduates and through their efforts of attracting new sponsors for the cycling program have developed a new way of harnessing community and sport support to benefit our talented youngsters.

A major project undertaken in the last 12 months was the review of sport programs at the Academy and the opening of applications to new sports. In all, 18 sports expressed interest in conducting programs at the Academy - a healthy sign of our organisation's relevance regionally.

As a result of the review, three new sport programs will commence in mid 2008 - sports include tennis, lawn bowls, and swim sports.

The Academy also played a role in supporting initiatives of the regional academy network across NSW. Although we are an independent body, our membership to this network provides a collaborative forum through which information is shared and new opportunities developed for athletes. One such initiative, developed three years ago, is the Academy Games.

The Games, a multi-sport event featuring all eleven regional academies in NSW, has established its place in the state sports calendar for a number of our sport programs. Although it started modestly in 2005, the Games now attract more than 800 athletes and provide our programs with competition amongst same age peers in a uniquely multi-sport environment.

Athlete achievement levels continue to be high, support, both financial and in-kind, from key stakeholders is strong and our financial position is stable. These outcomes rely on the efforts and expertise of many people. Particularly, I thank our sports & office staff who work at the coalface and the board of management who provide the governance oversight & strategic direction which sets the framework of this Academy.

2008 will bring new opportunities to build on our support base with the sole aim of providing sustainable support for the development of sporting excellence within our local youth.

**Mark Brogan** | Executive Director

## Talented Local Athletes Need Your Help



The Academy recently teamed up with the Australian Sports Foundation (ASF) to help raise funds to assist local athletes through the Academy Athlete Development project. All ASF grants will go to core program assistance such as:

- Quality Coaching
- Facilities & Equipment
- Specialist Consultants
- Sports science support
- Athlete Education
- Sports Development Opportunities

***Donations of \$2 or over are tax deductible!***

**Please call the Academy on 02 4283 5611 or  
download the form from the Academy website [www.ias.org.au](http://www.ias.org.au)**

The Illawarra Academy of Sport has registered the Athlete Development project with the Australian Sports Foundation (ASF) to help with our fundraising efforts. Donations of \$2 or more to the ASF are tax deductible. While donations must be made unconditionally to the ASF, donors are able to nominate the IAS project as their preferred beneficiary. ASF grants will be used to support the provision of core Academy programs.

## CUA, committed to the development of the youth of our region



*Proud sponsors of the  
Illawarra Academy of Sport  
Hockey Program*

*For all enquiries please  
contact Michael Buchanan  
0425 306 914*



# **CORPORATE VISION FOR THE ILLAWARRA ACADEMY OF SPORT**

To be recognised locally and nationally as the most effective and professional Regional Academy of Sport.

## **MISSION**

To provide opportunities and services for sport, talented athletes and coaches within the Southern Group of Councils area to achieve excellence.

## **AIMS AND OBJECTIVES**

- To provide the opportunity and encouragement for talented athletes within the Southern Group of Councils (SGC) area to achieve excellence in sport and outstanding sporting citizenship.
- To facilitate the development & support of talented athletes with the potential.
- To provide sports science support and evaluation and specialist services and resources to assist in the pursuit of excellence in sport or in activities related to sport.
- To develop and assist talented coaches and foster an environment conducive to the enhancement of coaching and related activities.
- To maintain an operational structure which contributes to the sports development network.
- To act as a catalyst in the development of innovative programs for the improvement of sport within the Southern Councils Group area, including effective talent identification programs.
- To encourage and assist athletes in their pursuit of improvement and excellence in sports skills to travel both within Australia & overseas for the purpose of seeking competition, training and experience.
- To conduct, commission or join in research or activities in the pursuit of excellence in sport.
- To establish, administer and seek financial assistance to promote excellence among young athletes.
- To act as trustee of any bond or to administer any foundation established to promote excellence or achievement in sport or in activities related to sport.

## **HISTORY**

The concept of the Illawarra Academy of Sport emanated from a community based investigation into sport and lifestyle opportunities in the Illawarra. A committee which comprised of representatives from government, education, business and community sport recommended the establishment of an Academy to expand sporting opportunities for talented athletes in the region.

With the University of Wollongong facilitating its progress, the committee's vision became a reality when the Illawarra Institute of Sport was launched in December 1985, becoming Australia's first Regional Academy of Sport. For funding reasons, the term Institute, was replaced with Academy prior to incorporation in 1988.

### **Sports Programs**

As the Academy evolved, the range of sports expanded and since 1986 programs have been conducted in 17 different sports. Although, gymnastics, touch, lawn bowls, basketball, soccer and surfing are no longer in the Academy, eleven sports programs remain.

Currently there are programs offered for golf, netball, hockey, cricket, rugby league, rugby union, cycling, athletes with a disability and individual athletes. Since 1985, there have been over 3800 scholarships offered to local athletes.

### **A Growing Example**

The regional academy format pioneered in the Illawarra has now been replicated across Australia and overseas. Ten independent regional academies are in operation across NSW with the national network of regional academies now totally nineteen.

The strength of the Illawarra Academy of Sport has always been its strategic alliances and partnerships with Illawarra business, local government, sporting associations at regional and state level and support of the University of Wollongong and the team of volunteers who guide our talented youth.

## BOARD OF MANAGEMENT



Brian Weir  
Chairperson



Keith Wallace  
Snr Vice President



William Dowson  
Treasurer



Brian Baird  
Public Officer



Peter Bowman  
Business Plan Chair



Mark Brogan  
Executive Director



Gregg Rowland



Ross Fuller



Alex Darling



John Morris



Gordon Lewis



Jeff McCarthy



John O'Dwyer



John Wells



Peter Tomlinson



Julie Steele



Vicki Tieg



Hamish East



Richard Davis

## **BOARD OF DIRECTORS**

The Academy is an independent, incorporated sporting organisation that is governed by a nineteen member Board of Directors which is comprised of 11 permanent representatives and 8 elected community representatives. Board of Directors meetings are held bi-monthly and each Council hosts the meetings on rotation.

## **PERMANENT BOARD REPRESENTATIVES**

### **NSW Sport & Recreation**

Hon Graham West. Represented by Keith Wallace

### **University of Wollongong**

Vice Chancellor Prof. Gerard Sutton  
Represented by Gregg Rowland

### **Australian Institute of Sport**

Director Dr Peter Fricker. Represented by Peter Bowman

### **Sports Medicine Federation**

South Coast Branch. Represented by Prof Julie Steele

### **Department of School Education**

Regional Director Illawarra & South Coast Graeham Kennedy  
Represented by Ross Fuller

### **Lord Mayor of Wollongong**

Cr. Alex Darling

### **Mayor of Wingecarribee**

Cr. Gordon Lewis

### **Mayor of Shellharbour City**

Cr. David Hamilton. Represented by Brian Weir

### **Mayor of Kiama**

Cr. Sandra McCarthy. Represented by Cr. Hamish East

### **Mayor of Shoalhaven**

Cr. Greg Watson. Represented by John Morris

### **Executive Director**

Mark Brogan

## **Community Board Representatives**

Brian Baird	Richard Davis
William Dowson	Jeff McCarthy
John O'Dwyer	Vicki Tiegs
Peter Tomlinson	John Wells

## **Executive elected 19 March 2007**

Chairperson	Brian Weir
Senior Vice President	Keith Wallace
Vice President	Position Vacant
Public Officer	Brian Baird
Treasurer	William (Bill) Dowson
Business Plan	Peter Bowman
Executive Director	Mark Brogan

## **ACADEMY POSITION IN SPORTS STRUCTURE**

As a provider of talent development services the Academy aims to position itself within the sports system at a level which will be of most benefit to the athletes.

As an independent autonomous organisation the Academy is in effect working on behalf of the local and state sporting associations to develop talented athletes for the benefit of both the athletes and the sport.

The Academy programs are designed to complement the activities the athletes receive through their club and representative structure.

## **LINKS TO SPORTING GROUPS**

The Academy operates within the sports system at several levels. It maintains links with a range of organisations to ensure that the local talented athletes receive the best possible support in their path to excellence. Links are maintained with:

### **Local & State Sports Associations**

Administrative and coaching links are maintained with local and State sporting associations in the scholarship sports that have programs in the Academy.

### **NSW Dept of Sport & Recreation**

As the largest single partner of the Academy, there are close operational links with NSW Sport and Recreation with regular interaction with the South Coast Region and at senior officer level.

### **NSW Institute of Sport**

The Illawarra Academy sports programs are structured to ensure the athletes have the greatest opportunity to feed into the NSW

Institute of Sport programs (where appropriate) and a close relationship exists with the NSW Institute through its Sports Programs and Services Divisions.

### **NSW Regional Academy Network**

The ten independent Regional Academies in NSW maintain close links for competition and training throughout the year and sport management information sharing.

### **Academies of Sport Inc (ASi)**

The ten independent Regional Academies in NSW, in 2003, formed ASi. The principal purpose of this organization is the planning and support of the Academy Games - a multi sport festival involving all Academies.

### **Australian Institute of Sport**

The links with the AIS were established when the Academy was formed in 1985. Academy athletes have the opportunity of gaining entry to the AIS and a number of Academy athletes have graduated into AIS programs.

### **Australian Olympic Committee**

The AOC is linked through the conduct of Drugs in Sport Education for athletes and their families.

## **ACADEMY CATCHMENT AREA**

The Academy operates through the Illawarra's geographic region comprising the five local government areas of: Wollongong, Shellharbour, Kiama, Shoalhaven, and Wingecarribee.

Illawarra covers an area of 8,485 square kilometres and extends from Helensburgh in the north, Ulladulla in the south and across to the Southern Highlands in the west. Sydney is approximately 80 kilometres north of Wollongong.

## ADMINISTRATIVE OPERATIONS

The Academy Administration Centre is located within the Fairy Meadow Demonstration School in Wollongong and features administrative offices and meeting rooms.

The Academy employed three (3) full-time staff and two (2) part-time staff in 2007. Academy coaching staff are all contracted on a part-time basis and as volunteers receive a small honorarium to cover their costs.

### Staffing Levels During 2007

#### Full Time

Executive Director	1
Program Manager	1
Administrative Officer	1

#### Part Time

Project Officer	1
Accountant	1

### Media and Public Relations

The flagship of Academy public communications is "Academy Corner". This newspaper column which is produced weekly is published in the Illawarra Mercury, Northern Leader, Lake Times, South Coast Register and the Southern Highlands News.

Once again eNEWS proved extremely popular. This weekly electronic newsletter is now distributed to close on 800 locals, athletes, coaches, parents, sponsors & supporters.

The Academy appreciates the excellent coverage afforded by the various regional media outlets within Illawarra and gratefully acknowledges their support.





## Champions of the future are being nurtured at the Illawarra Academy of Sport

Congratulations on  
another year of  
outstanding  
achievements



NSW Sport and Recreation

# Bring out the best in your team

Comfort and adventure – Berry Sport and Recreation Centre is the perfect venue for your next corporate training program.

We can tailor a complete program to meet your needs, including a range of challenging team building activities:

- 400 metre cable glide
- Ropes course
- Canoeing
- Giant swing
- Sailing

Our centre provides quality conference facilities, accommodation for 50 people and a full catering service – all within a short drive of historic Berry village.

NSW Sport and Recreation is proud to be a major  
sponsor of the Illawarra Academy of Sport

For more information phone  
**(02) 4464 1406**  
[www.dsr.nsw.gov.au](http://www.dsr.nsw.gov.au)



## FUNDING SOURCES

The Academy operates as an independent and autonomous sporting organisation. Funding for the sports programs and the administrative operations is achieved through a variety of sources including government grants, University funding, sports funding, athlete contributions, corporate sponsorship and business support.

The Academy has three primary sponsor categories: Partners, Program Sponsors, Supporters and Friends.

### Partners

Partners provide substantial 'value in money' by way of donation or funding and 'value in kind' services to benefit a range of Academy activities. Our Partners include the NSW Department of Sport & Recreation, the University of Wollongong and the Southern Councils Group of Councils: Wollongong, Shellharbour, Kiama, Shoalhaven and Wingecarribee.

The New South Wales Government through NSW Sport and Recreation is the largest single sponsor of the Academy providing an annual grant of \$100,000. The five councils of the Southern Councils Group grants total more than \$60,000.

The University of Wollongong provides financial assistance as well as support services and access to facilities. The School of Health Sciences assists the Academy with access to staff members and sport science support services as does the University Recreation and Aquatic Centre.

### Program Sponsors

Program sponsors provide 'value in money' by way of funding and/or substantial 'value in kind' to specific Academy programs or projects including:

- Sports Programs
- Regional Programs
- Special Projects & Events

Our team of Program Sponsors include BlueScope Steel, City Coast Credit Union, Sydney Water, Pubstay, AHA Illawarra Sub-branch, and Warilla Bowls and Recreation Club.

In 2007, a large group of sponsors supported the Cycling Program and included: Raine & Horne Wollongong, FRF Sports, Novotel, Cato Constructions, Cycling News, Easton, Selle San Marco, K-Swiss, Carnac, Speedplay, Catlike, and Hot Designs.

### Supporter 'Sports'

A policy of the Academy is that any sport, which has an Academy program, is required to contribute financially to that program. This funding represents approximating 25 - 50% of base program costs. Sources include assistance from governing associations of that sport, local clubs, associations, state associations, or a combination of these.

Sporting funding includes 'value in money' and may also include 'value in kind' (goods or services) in support of a specific Academy sports program or project.

### Friends of the Academy

We gratefully acknowledge the support of Fairy Meadow Demonstration School for hosting our office and meeting facilities; Graphic Connection for their graphic design and publication expertise; ACEIT Sportswear who are official suppliers of sportswear; and Zeffa Consulting for information technology support.

***The Academy acknowledges the support of the five councils in the Southern Councils Group***



## SPECIAL EVENTS

### Mayoral Receptions



A reception hosted by the Mayor of each of the five councils of the Illawarra provide an annual opportunity for the athletes and coaches to be officially recognised by their own community. These functions also serve to develop social and personal aspects of the scholarship holders and an understanding of the range of community and government groups who support their development.

### Sponsor Reception

To recognize the substantial support from its partners, sponsors and supporters, the Academy held a Sponsors Reception in June 2007.



Held at the Wollongong Entertainment Centre in conjunction with the national netball league match involving the Sydney Swifts, the event was one way the Academy thanked its sponsors. Although an informal event, the evening included presentations from Academy Chair, Brian Weir and former Academy graduate, Leah Shoard who spoke prior to taking the court for the Australian Institute of Sport team in the evenings feature event.



### Cycling Program Launch

Hosted by the Novotel Northbeach, the cycling launch was a great start to the 2007 Cycling Program and the sponsor support rallied by Ben and Josh Kersten. Mike Tomalaris from SBS





## GRADUATE HIGHEST ACHIEVERS

The graduates listed below have achieved, as a minimum, senior/open national team selection or won a medal at a world junior event in 2007. The group represents the highest achievements gained by academy graduates. The Academy is justly proud of its role in supporting their development.

<b>Athlete</b>	<b>Squad</b>	<b>Event Name</b>	<b>Achievement</b>
Ben Kersten	Cycling	Australian Championships	1st 1km Time Trial
Ben Kersten	Cycling	Australian Championships	1st Omnium
Ben Kersten	Cycling	Australian Championships	2nd Team Sprint
Ben Kersten	Cycling	World Track Championships	Selected in Australian team
Rochelle Gilmore	Cycling	La Route de France tour (France)	1st in Stage 1
Rochelle Gilmore	Cycling	Drenste 8 Van Dwingeloo road race (Netherlands)	2nd
Rochelle Gilmore	Cycling	Giro d'Italia tour (Italy)	2nd in Stages 4 & 7 and 3rd in Stage 6
Rochelle Gilmore	Cycling	Geelong tour (Australia)	2nd in Stages 2 & 4 and 3rd in Stage 3
Rochelle Gilmore	Cycling	Tour de Pei (Canada)	2nd in Stages 1 & 5
Rochelle Gilmore	Cycling	Internationale Thüringen-Rundfahrt (Germany)	3rd in Stage 3
Rochelle Gilmore	Cycling	Australian Championships	3rd in Scratch race
Airlie Ogilvie	Hockey	Australian Hockey League	2007 NSW Arrows Squad
Lyndal Ogilvie	Hockey	Australian Hockey League	2007 NSW Arrows Squad
Melissa Simpson	Hockey	Australian Hockey League	2007 NSW Arrows Squad
Kurt Ogilvie	Hockey	World Cup	Selected Australian Mens World Indoor Cup Team
Simon Beaton	Hockey	World Cup	Selected Australian Mens World Indoor Cup Team
Jye Bunt	Hockey	World Cup	Selected Australian Mens World Indoor Cup Team
Melissa Simpson	Hockey	World Cup	Selected Australian Womens World Indoor Cup Team
Melissa Williams	Hockey	World Cup	Selected Australian Womens World Indoor Cup Team
Joel Diggins	Union	AER Championships (Europe)	Selected in the England U18 Team
Robert Hurley	Swimming	World Short Course Championships	Selected in Australian team

## GRADUATE HIGHEST ACHIEVERS *CONTINUED*

Robert Hurley	Swimming	Australian Short Course Championships	2nd 50m backstroke
Robert Hurley	Swimming	Australian Short Course Championships	2nd 100m backstroke
Robert Hurley	Swimming	Australian Short Course Championships	3rd 200m backstroke
Robert Hurley	Swimming	Mare Nostrum Australian Tour of Europe	Selected
Amiel Cavalier	IAP	2007 UCI MTB World Championships	Selected in Australian Open Team
Amiel Cavalier	IAP	North American Mountain Bike Association Series	2nd Elite Men Downhill Category
Sally Fitzgibbons	IAP	US Open Womens WCT Surfing tournament	3rd



# Sydney **WATER**

*Managing our environment for future generations*

Proud to be associated with  
the Illawarra Academy of Sport and take this opportunity to  
wish all members of the Academy success in 2008



Your local hotels are part of the community and our heritage.  
We are proud to be supporting The Illawarra Academy of Sport  
as sponsors of the Rugby Union Program

OUR MISSION

Keeping talented youth, our future leaders, in the region

## TOTAL SCHOLARSHIPS OFFERED 1986 - 2007

### Athletes with a Disability

Male .....	32
Female .....	29

### Basketball

Male .....	130
Female .....	128

### Cricket

Male .....	417
Female .....	95

### Cycling

Male .....	81
Female .....	34

### Gymnastics

Female .....	26
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### Golf

Male .....	120
Female .....	26

### Hockey

Male .....	325
Female .....	332

### Individual Athletes

Male .....	38
Female .....	37

### Lawn Bowls

Male .....	27
Female .....	3

### Netball

Female .....	456
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### Rugby League

Male .....	666
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### Rugby Union

Male .....	321
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### Sailing

Male .....	81
Female .....	25

### Soccer

Male .....	144
Female .....	1

### Surfing

Male .....	45
Female .....	5

### Swimming

Male .....	82
Female .....	66

### Touch

Male .....	35
Female .....	23

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**TOTAL**

**3839**

## SCHOLARSHIP PROGRAMS

The major focus of Academy activity is the delivery of sport coaching and education programs for its scholarship athletes.

### Common Athlete Eligibility Criteria

The athlete must:

1. Reside in the Southern Councils Group area (Wollongong, Shellharbour, Kiama, Shoalhaven & Wingecarribee);
2. Display an ability to apply coaching and technical instruction;
3. Demonstrate dedication to improving performance;
4. Demonstrate, through past performance and/or potential capacity, the potential to improve performance to a high level.
5. Be a registered participant of an association within the SCG area.

### Selection Criteria and Program Design

In addition to the eligibility criteria outlined above, sport programs have additional selection criteria which varies from program to program. At time of nomination this criteria is outlined.

## BENEFITS & SERVICES

A generic Academy scholarship provides the following benefits and services:

- coaching by accredited and experienced coaches (except IAP program) including high level guest coaches
- subsidized Academy uniforms and specialised equipment
- sport science support and evaluation
- specialist training including sprint training and fitness advice
- sport psychology, nutrition and sports medicine advice from leading experts
- video analysis of technique and tactical appreciation
- public speaking and personal development opportunities
- exposure to high level competition
- travel assistance for competition and Academy activities
- Academy tours in NSW & interstate
- drug education seminars
- log books for educational information and monitoring of training and competition
- tours/camps at some of Australia's premier elite coaching facilities.



# Fairy Meadow Demonstration School

*Providing quality comprehensive  
public education since 1858.*



## **CORE PROGRAM COMPONENTS**

The primary objective of the Academy is to improve the individual athlete's sporting ability and to equip them with skills which will enhance their prospects of future success.

### **Training & Skill Development**

Coaching and training sessions form the major component of the scholarship program and the provision of quality coaching is the top priority in each sport (except the individual athlete program). The coaching staff design programs that emphasise individual development concentrating on the strengths and weaknesses of the athletes' together with activities to improve the athlete knowledge and ability in the tactical aspects of sport.

### **Sports Science**

To supplement the coaching and training component of the program, the athlete receives advice in specialist areas of athlete development. The sport science program aims to provide regular and relevant feedback to the coaches and athletes on the physical fitness and training levels of the athletes.

Athletes annually completed sessions in nutrition, sport psychology and sports injury prevention and management. The aim of these sessions is to provide information to make the athletes aware of the role these areas play in enhancing individual performance.

### **Competition Opportunities**

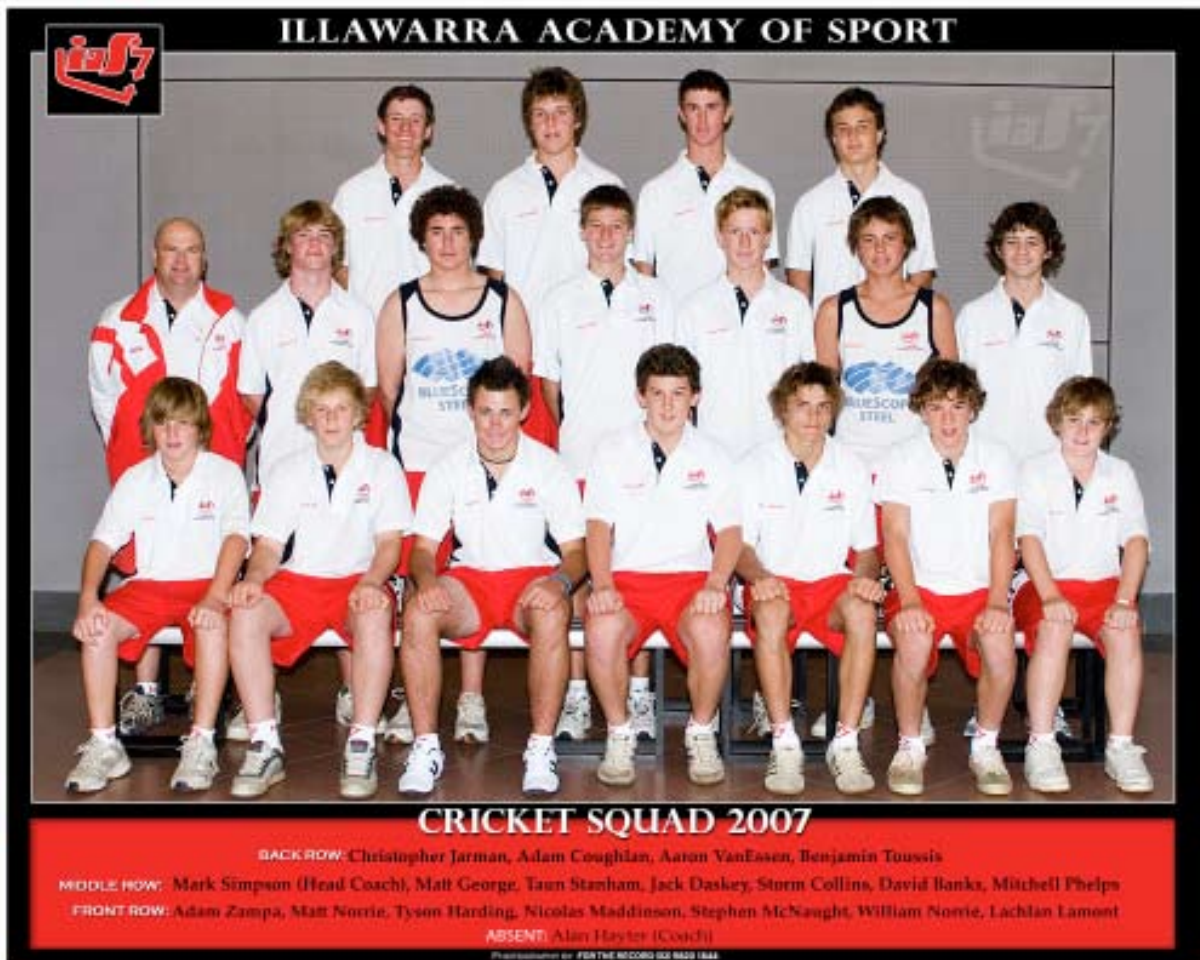
Academy squads participate in selected competitive fixtures during their scholarship program. Competition is usually against selected opponents including other Regional Academies, State Academies, representative sides, or strong club teams and is valuable to the coaches in providing feedback on the progress of the athlete and the effectiveness of the coaching program.

Sporting tours overseas, interstate and within NSW may also be conducted and provide competitive opportunities in the unique environment of touring and are valuable in the all round development of the athlete.

### **Personal Development**

A key objective of the Academy is to develop outstanding sports citizens and education and awareness based sessions on public speaking, drugs in sport, media and sponsor servicing are incorporated into the program. In addition, athletes are exposed to social and promotional situations which contribute to their personal development and community awareness.

## 2007 CRICKET



The Academy appreciates the support and financial assistance from Cricket Associations across the region: South Coast, Illawarra, Shoalhaven, Southern Highlands, NSW Cricket and sponsor BlueScope Steel.

# CRICKET PROGRAM 2007

## Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist with progression to NSW & NSW Country Under 17 boys.

## Athlete Selection

Athletes were selected following trials conducted throughout the Academy region. Four trials were held prior to final selection. A selection panel, comprising representatives of the Academy coaching staff and Cricket NSW coaches, made athlete selection recommendations to the Academy.

## Program Components

The squad was provided with tuition in several facets of the game through a variety of coaching techniques.

In 2007, Mark Simpson and Alan Hayter were responsible in delivering the program.

The program maintained its shortened format developed in 2006 as well as its key focus on providing an off-season link leading into the representative calendar.

The program included day camps & a weekend camp at Berry. Education sessions included introduction to weights, energy systems & time management. Practical sessions focussed on net practice and specialist work on throwing skills and speed & agility in the field.

In addition to a partnership with BlueScope Steel, the Cricket Program is also supported by the cricket associations of the Illawarra, South Coast, Shoalhaven, Southern Highlands and NSW.

## Program Snapshot

**Ages:** 14 - 16 years during scholarship

**Squad:** 17 males

**Program Year:** May - September (4 Months)

**Key People:** Mark Simpson (Head Coach)  
Alan Hayter (Coach)

## Highlights

**Tours:** Camp: 3 days at Berry Sport & Recreation  
Matches: End of Program matches vs ACT academy & Illawarra U17's.

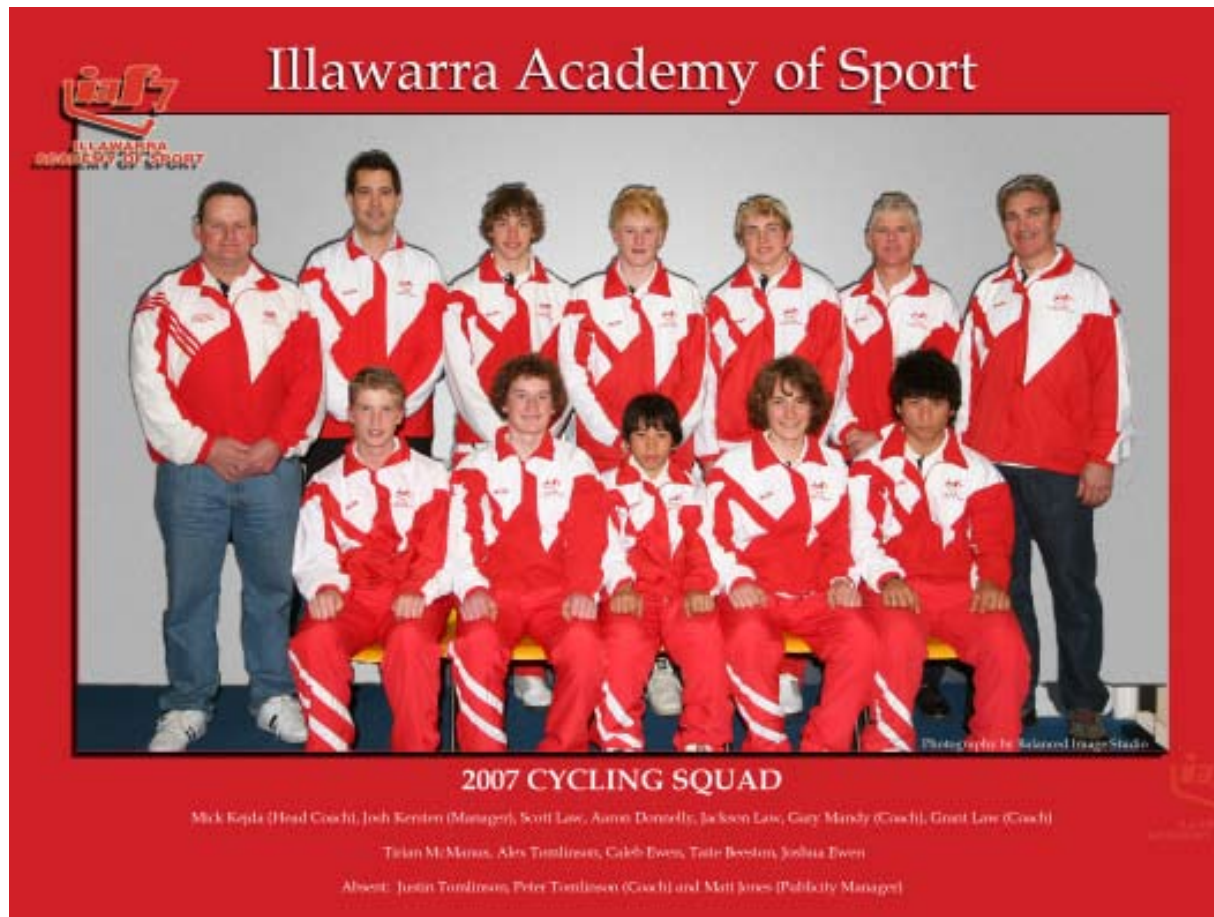
## Athletes:

Nic Maddinson – NSW U17 Team, NSW U17 Country Team

Adam Zampa – NSW U17 Country Team



## 2007 CYCLING



The Academy appreciates the support and financial assistance from the NSW Cycling Federation and Cycling Clubs of the Illawarra, Shoalhaven and Southern Highlands and program sponsors (see page 39).

## CYCLING PROGRAM 2007

### Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist progression to Under 17 & 19 state, national or international competition levels.

### Program Components

In 2007, Cyclists undertook their daily training sessions - mainly with their area coaches. This training regime was determined on an individual basis depending on discipline whether road or track.

The squad attended several day camps, and a variety of educational sessions such as media training, static and dynamic stretching and postural assessment. Athletes & coaches attended a schedule of targeted events. Major events included a pre-course review and on-site event preparation camps.

The Academy thanks Cycling NSW and the NSW Institute of Sport for their valued assistance with the Cycling Program.



### Program Snapshot

**Ages:** 15 - 17 years during scholarship

**Squad:** 8 males

**Program Year:** May - April (11 Months)

**Key People:** Mick Kejda (Head Coach)

Grant Law

Gary Mandy

Peter Tomlinson (Coaches)

Josh Kersten (Manager)

### Squad Highlights

**Squad Tours:** Wagga - Gwen French Memorial

Junior 2 Day Tour

Canberra - Kowalski Preparation Camp

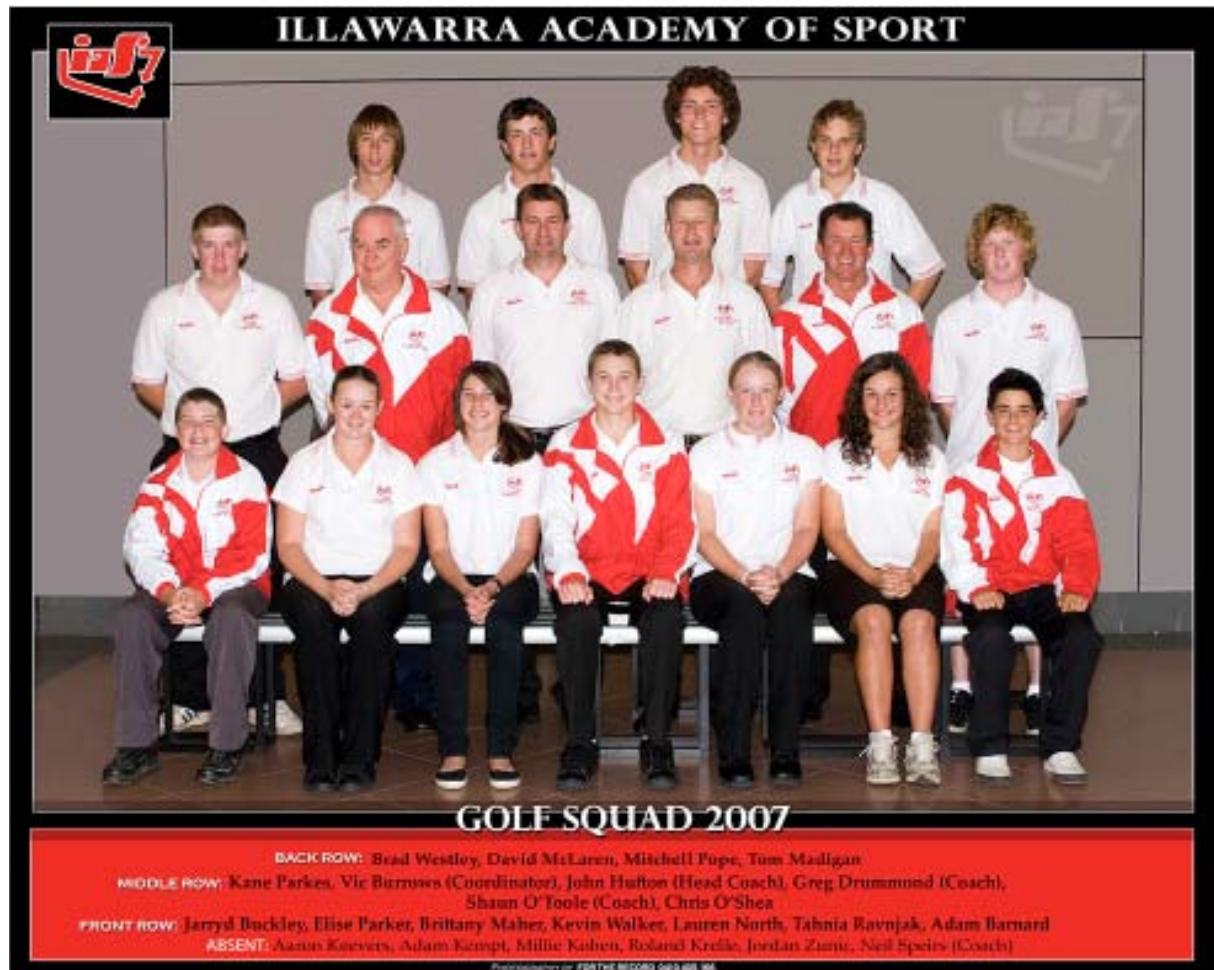
& Junior Tour

### Athlete Achievements (see Achievements section for full details):

International medals to Scott Law & Aaron Donnelly - Oceania Cycling Championships

Australian track & road medals - Scott Law, Aaron Donnelly, Jackson Law, Caleb Ewan & Tirian McManus

## 2007 GOLF



The Academy appreciates the support and financial assistance from the Illawarra District Golf Association.

# GOLF PROGRAM 2007

## Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist progression to NSW junior state squads & teams.

## Athlete Selection

Athletes were short-listed based on handicap. Previous scholarship holders were also required to demonstrate improved performance over their scholarship year to be eligible for a further scholarship term. New nominees were required to attend an interview. The selection panel included Academy coaching staff and an independent selector who made athlete selection recommendations to the Academy.

## Program Components

The squad benefited from high-tech video analysis of their golf swing, one-on-one coaching instruction, fitness testing and monitoring. Education sessions focussed on areas such as goal setting, mental rehearsal, playing in various weather conditions, tournament preparation, public speaking, exercise programming, and nutrition.

The squad as a whole attended two targeted events at Morrisset and Goulburn - athletes were in-camp for these events and worked on course review and preparation with their coaches.

The Golf Program is supported by the Illawarra Golf Association.

## Program Snapshot

**Ages:** 14 - 17 years during scholarship  
**Squad:** 18 athletes - 13 males and 5 females

**Program year:** March - November (9 Months)

**Key people:** John Hufton (Head Coach/Professional)  
Greg Drummond (Coach/Professional)  
Shaun O'Toole (Coach/Professional)  
Neil Spiers (Coach/Professional)  
Vic Burrows (Coordinator)

## Highlights

**Tours:** Morisset - Morisset Junior Open  
Goulburn - Brett Ogle Junior Masters  
Academy Games - Central Coast

## Athlete Achievements:

Adam Kempt - NSW Junior 'Champion of Champions' & NSW Junior Squad

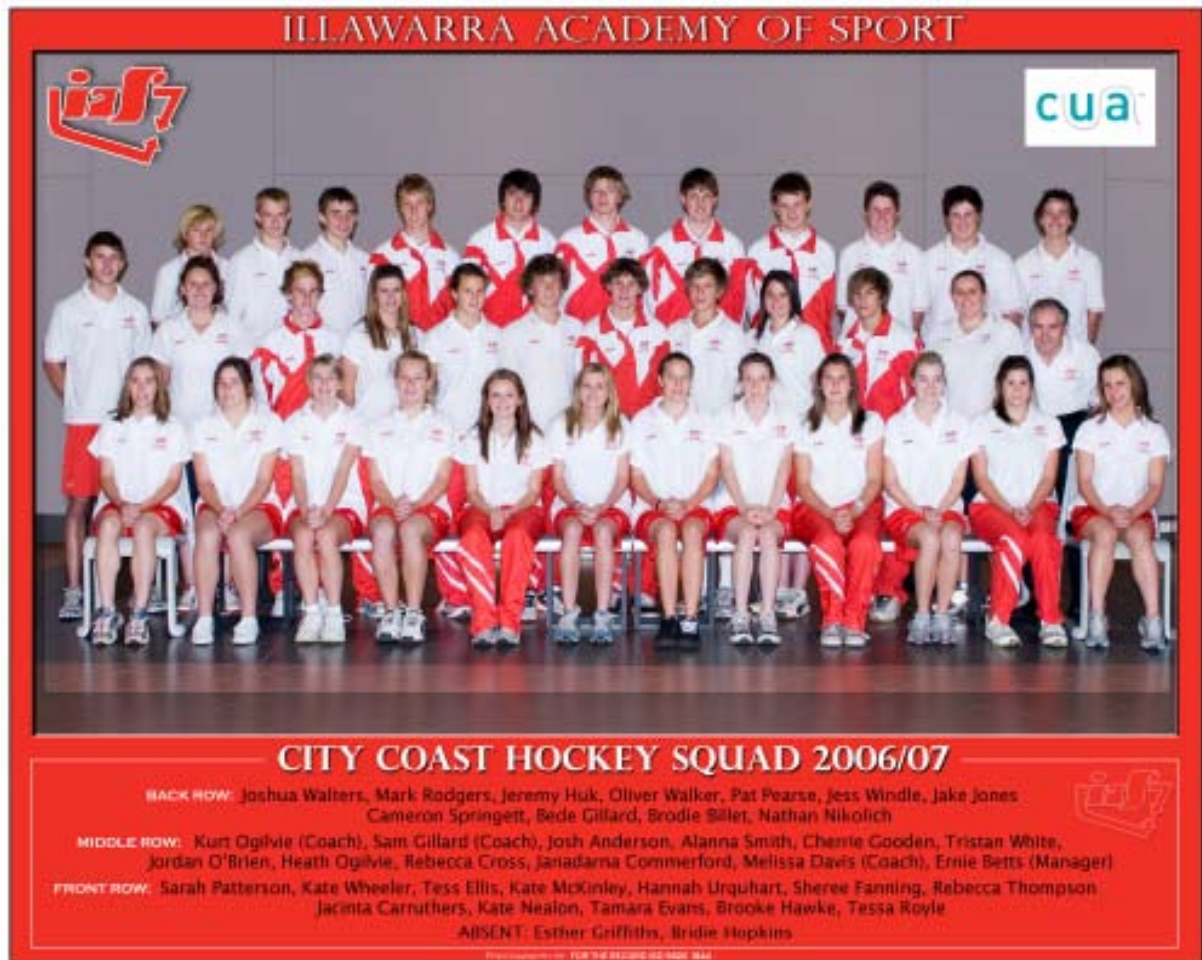
Aaron Keevers - JNJGF Player's Player of the year & NSW State of Origin Team

Jordan Zunic - qualified to play in the NSW Open championship

Adam Barnard - 2nd in U13 nett, State Age Championships

Millie Kohen - U14 nett title winner, State age championships

## 2007 HOCKEY



The Academy appreciates the support and financial assistance from sponsor City Coast Credit Union and Hockey Associations across the region: Illawarra, Shoalhaven, Southern Highlands and South Coast.

# HOCKEY PROGRAM 2007

## Program Outcomes

Pre-elite program seeks to assist athletes reach the next level of competition in their sport. Assist progression to NSW & NSW Country Under 17 boy's & Under 17 girl's squads.

A development program was also conducted under the Wingecarribee TAP which sought to assist athletes reach Academy pre-elite standard.

## Athlete Selection

Athletes were selected following trials conducted throughout the Academy region in the Illawarra basin and Highlands. Two trials were held prior to final selection. Selectors included Academy coaching staff and Hockey NSW/NSWIS coaches who made athlete selection recommendations to the Academy.

## Program Components

The 2007 Hockey Program consisted of regular training and education sessions, as well as sessions focusing on running and weights technique. The Michael York Challenge in Canberra, and the Inter-Academy Challenge in Armidale were annual competitions at which the squad competed.

2007 also saw the third Annual Academy Games held on the Central Coast where both male and female squads featured.

The Hockey Program thanks the NSW Institute of Sport, and hockey associations of the Illawarra, South Coast, Shoalhaven, Southern Highlands Hockey and NSW for their continued support.

## Program Snapshot

**Ages:** 15 - 17 during scholarship  
**Squad:** 33 athletes: 16 males and 17 females  
**Program year:** October - October (12 months)  
**Key people:** Craig Nealon (Coordinator)  
Melissa Davis (Coach)  
Samantha Gillard (Coach)  
Ernie Betts (Manager)

## Highlights


**Tours:** Canberra - Michael York Challenge  
Armidale - Inter Academy Games  
Central Coast - Academy Games





## Athlete Achievements:

Australian All Schools U16 team - Tristan White and Oliver Walker  
NSW Teams- Alana Smith, Heath Ogilvie, Jake Jones, Nardy Commerford, Josh Anderson, Josh Walters, Kate Nealon, Nathan Nicholich, Oliver Walker, Tristan White, Sarah Patterson, & Tessa Royle.



## 2007 INDIVIDUAL ATHLETE PROGRAM

### ILLAWARRA ACADEMY OF SPORT





#### BlueScope Steel Individual Athlete Program 2007



BACK ROW: Blake Brookman, Shelby Lacey, Ryan Gregson  
MIDDLE ROW: Sally Fitzgibbons, Emma Ford, Ryan Hennessy, Sephie McLeod, Adam Biech,  
FRONT ROW: Benjamin Wilson, Alana Yardley, Paige Fenech, Ashley Thomas, Jonny Kennedy (Co-Ordinator)

PHOTOGRAPHY BY STEVE WILSON FOR THE ILLAWARRA ACADEMY OF SPORT

The Academy appreciates the support and financial assistance from sponsor BlueScope Steel.

# INDIVIDUAL ATHLETE PROGRAM 2007

## Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist progression to NSW junior state teams and/or national or international competition levels.

## Athlete Selection

Athletes nominated for scholarships and provided a detailed list of their existing achievements. An endorsement and ranking from their state sporting organisation was sought in order to adequately assess the merits of their nomination. Only athletes from sports recognised under the Department of Tourism, Sport & Recreation's Sports Development Program were eligible for consideration.

A selection panel, including representatives from a range of sporting backgrounds, assess each nomination and made final recommendation to the Academy for scholarship offers.

## Program Components

2007 was the fifth year for the Individual Athlete Program, with 15 athletes from 8 different sports, including surf life-saving, athletics, gymnastics, surfing, tennis, basketball, triathlon & mountain bike.

The program provided financial assistance, sport science and education sessions which were tailored to suit each individual and the demands of their sport.

This is the fifth year of sponsorship by BlueScope Steel of the Individual Athlete Program, and the Academy welcomes their valuable contribution to the program.

## Program Snapshot

**Ages:** 14 - 18 years during scholarship  
**Squad:** 15 athletes - 5 males and 10 females  
**Program year:** October - October (12 months)  
**Key people:** Jenny Kennedy (Co-ordinator)

## Highlights

### Athlete Achievements:

Sally Fitzgibbons - U18 World Junior Surfing Champion

Ryan Gregson - Australian Team to World Youth Championships (finished 5th in the 1500m)

Emma Ford - doubles winner in the National hardcourt Championships.

Shelby Lacey - 1st, level 7 in the Women's Pairs, Australian Sports Acrobatics National Titles.

Adam Reich - U16 NSW State Basketball Team

## 2007 NETBALL



The Academy appreciates the support and financial assistance from Netball NSW and Netball Associations across the region: Illawarra, Shoalhaven, Kiama, Ulladulla and Southern Highlands.

## NETBALL PROGRAM 2007

### Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist progress to NSW Under 17 & 19 squads & NSWIS.

### Athlete Selection

Athletes were selected following trials conducted throughout the Academy region. Two trials were held prior to final selection. A selection panel, comprising representatives of the Academy coaching staff and Netball NSW coaches, made athlete selection recommendations to the Academy.



### Program Components

The netball scholarship program this year included numerous games, tournaments and competitions, a training camp at Bowral, the NIB games and attendance at the third Academy Games on the Central Coast.

### Program Snapshot

**Ages:** 15 - 18 years during scholarship

**Squad:** 20 females

**Program year:** October - September (12 months)

**Key people:** Kerrie Walker (Head Coach)  
Kerry Ingram (Manager)  
Liz Dark (Squad Coach)  
Samantha Williams (Umpire)  
Elle Smith (Squad Coach)  
Emma Walker (Squad Coach)

### Highlights

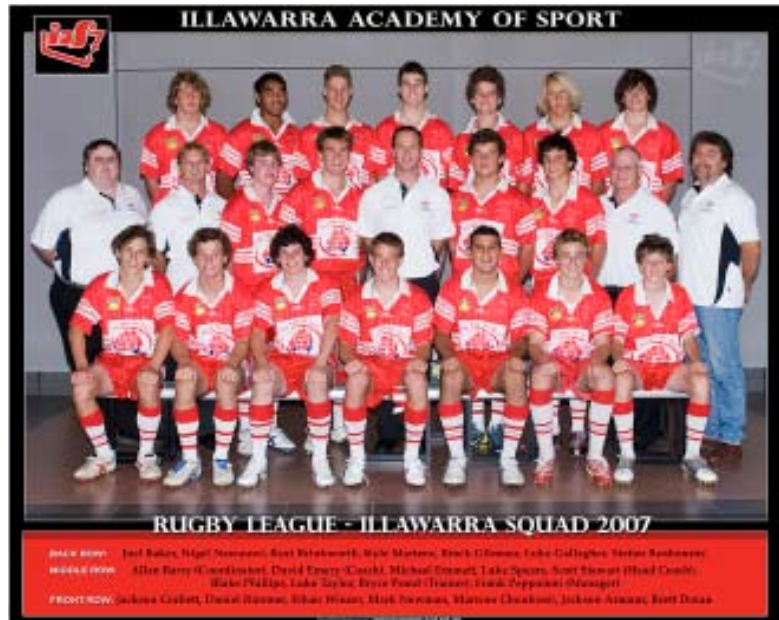
**Camps & Tours:** Squad Camp - Chevalier College, Bowral  
NIB Games - Maitland Tournament  
Academy Games - Central Coast

### Athlete Achievements:

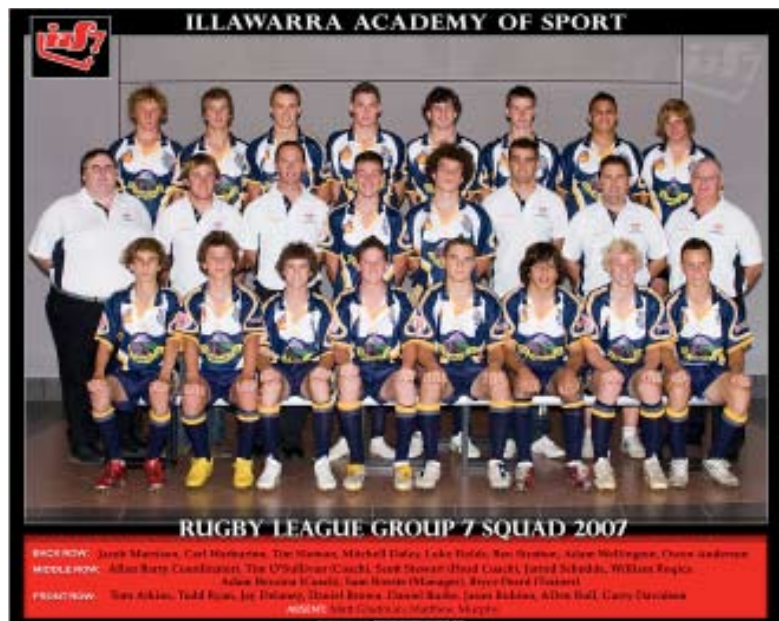
Melissa Tallent - NSW Independent Co-Ed Schools U16 Team and NSW Talent ID Tallies.

Madolyn Ryan - CHS U16 State Netball Team & NSW All Schools U16.

## 2007 RUGBY LEAGUE SQUAD (ILLAWARRA)



## 2007 RUGBY LEAGUE SQUAD (GROUP 7)



The Academy appreciates the support and financial assistance from St George Illawarra Dragons and Group 7 Rugby League.

## RUGBY LEAGUE PROGRAM 2007

### Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist athlete progression to Harold Matthew squads.

### Athlete Selection

As part of the ongoing partnership between the St George Illawarra Dragons, South Coast Group 7 and the Academy, the Illawarra and Group 7, Under 15 representative squads formed the Academy Rugby League program. The respective group associations select players using a combination of open trials, skills assessment and match play. Players were subsequently recommended to the Academy.



### Program Components

The program complemented the representative programs and covered resistance training, drugs in sport, goal setting, prevention and treatment of injuries, league safe, and handling the media.

Specialist practical sessions such as kicking were included in addition to ball handling techniques, tackling, support play in attack and defence and general positional play.

### Program Snapshot

**Ages:** 15 years or younger during scholarship year

**Squad:** 40 males

**Program year:** May - September (5 months)

**Key people:** Alan Barry (Co-ordinator)  
Scott Stewart (Head Coach)

#### Illawarra Zone

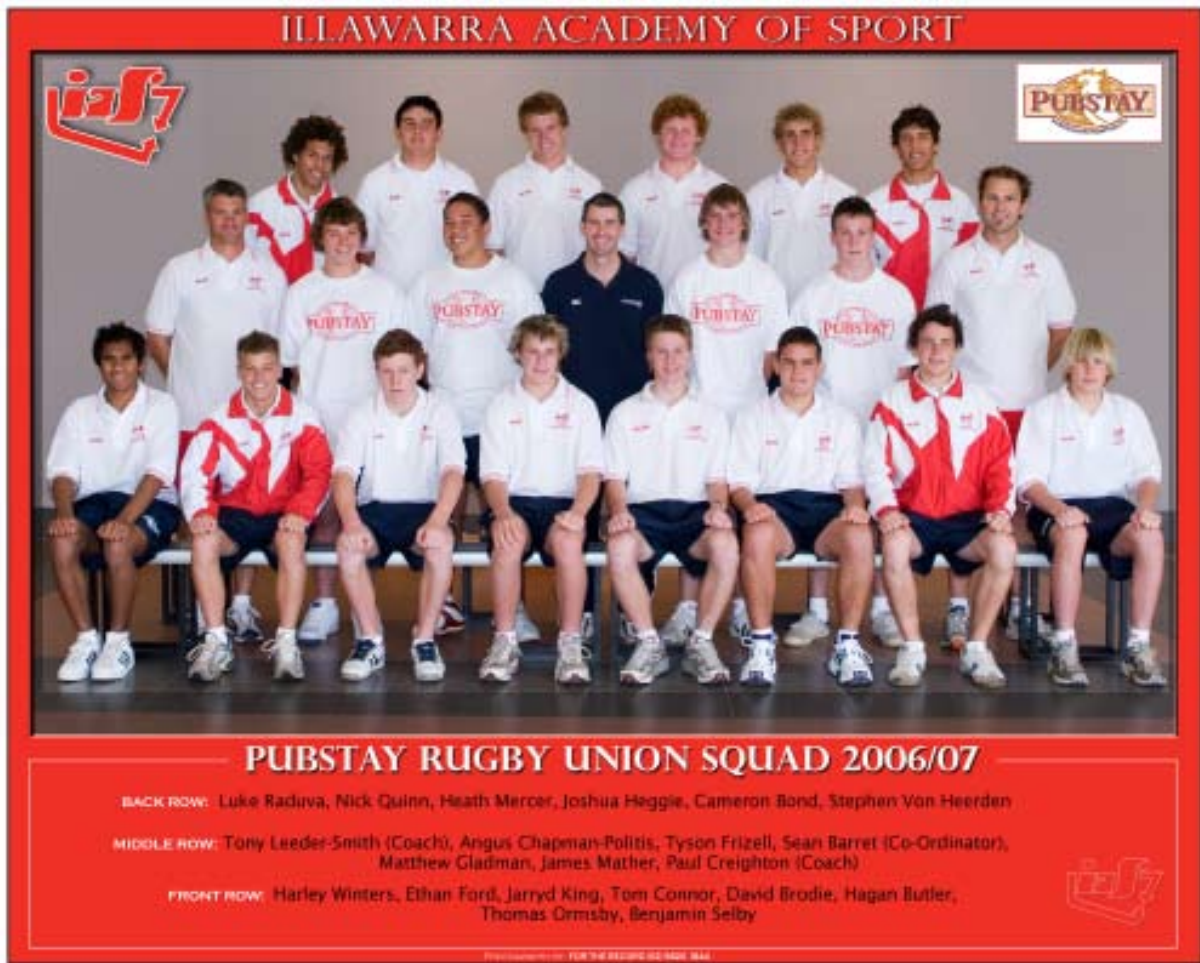
David Emery (Coach)  
Frank Peppoloni (Manager)  
Bryce Peard (Trainer)

#### Group 7 Zone

Adam Bezzina (Coach)  
Tim O'Sullivan (Coach)  
Sam Rosete (Manager)

**Highlights:** Day Camps:  
Wollongong Win Stadium  
Gerringong

## 2007 RUGBY UNION



The Academy appreciates the support and financial assistance from sponsors Pubstay, AHA Illawarra, Illawarra District Rugby Union and NSW Rugby.

# RUGBY UNION PROGRAM 2007

## Program Outcomes

Pre-elite program - To assist athletes reach the next level of competition in their sport.

Assist progression to NSW & NSW Country U15 & U16 squads, which is the highest level of competition in the sport at present for these athletes.

## Athlete Selection

Athletes were selected following trials conducted throughout the Academy region. Two trials were held prior to final selection. A selection panel, comprising representatives of the Academy coaching staff, Illawarra Junior Rugby Rep Co-ordinator and NSW Rugby Manager, made athlete selection recommendations to the Academy. An athlete assessment was conducted at the final trial to assess physiological capabilities.

## Program Components

The program was developed in close consultation with NSW Rugby Training and Development Department.

The main coaching areas covered in the program were non-negotiable core skills, individual position specific skills and Unit skills, with education sessions covering injury prevention and recovery, Drugs in Sport, public speaking and nutrition.

The program was conducted weekly and aimed at preparing players for the new season and representative programs.

The squad attended The Regional Academy Camp which was held in conjunction with the HSBC Waratah's Super 14 trial match at WIN Stadium. This camp involved playing other regional academies in a 10-a-side tournament and featured guest sessions from NSW Rugby and Waratah coaching and technical staff. The squad also travelled to the Central Coast for the Academy Games in October where they played 13-a-side games against regional and Sydney based Academies.

## Program Snapshot

**Ages:** 15 - 16 during scholarship

**Squad:** 17 athletes (male)

**Program year:** October to October (12 months)

**Key people:** Paul Creighton (Squad Coach)  
Tony Leeder-Smith (Squad Coach)  
John Whiting (Manager/Sport Trainer)  
Sean Barrett (NSWRU Rugby Manager and Mentor Coach/Co-ordinator)

## Highlights

Attendance at Waratahs v Brumbies Super 14 trial match

Waratah HPU and Junior Waratah's Coaching sessions

**Tours:** Illawarra - Waratah Regional Camp  
Central Coast - Academy Games

## Athletes Achievements:

Jarryd King – Southern Province 15's Team

Ben Selby – Southern Province and NSW Country 15's Team

Hagan Butler – Southern Province and NSW Country 15's Team

David Brodie – Southern Province and NSW Country 15's Team

Tom Connor – Southern Province, NSW Country 15's Team, NSW JRU 15's Team

Ethan Ford – NSW Country 16's Team

## ILLAWARRA ACADEMY OF SPORT ATHLETE AWARDS 2007

### Athlete of the Year Awards

The Academy annual recognises a sport athlete in each of its sport programs. Over and above these awards is Tobin Family Award for the Academy's Athlete of the Year.

### The Tobin Family Award

The Tobin Family Award recognises the Illawarra Academy of Sport's, Athlete of the Year.

2006 is the fifth year the award has been presented.

The Award acknowledges excellence in athlete performance in the scholarship year. It is selected from athletes across all Academy sport programs.

The Award has been named in recognition of the contribution, over many years, made by the Tobin Family to sport in the Illawarra and specifically the Illawarra Academy of Sport.

The recipient of the Award will receive a trophy and a \$5,000.00 scholarship - courtesy of City Coast Credit Union - to assist their further development in sport.

Past recipients have been Rebecca Borgo (2002, Cycling), Anita Cowley (2003, Freestyle Canoe), Keiran Govers (2004, Hockey) and Amiel Cavalier (2005, Mountain Bike).



### Sally Fitzgibbons - Winner of Tobin Family Award 2007

Sally is a gifted athlete, who excels in whatever sport she is competing in. In 2007 she made the choice to concentrate on surfing and what success that was.

Following on from her second place the previous year, Sally went one better and was crowned the 2007 World U18 junior surfing champion at the championships held in Portugal. She returned to Australia and was rarely out of the first 3 places in every surfing tournament she entered.

Sally is, and has always been a great competitor. She is fiercely keen and has a 'never say die' attitude. She presents herself well at interviews and speaking engagements and always has the presence of mind to remember to thank all those who have helped her. She has been a proud ambassador for the Illawarra Academy of Sport and is now a role model for all young girls, not just here in the Illawarra, but world-wide.

## ILLAWARRA ACADEMY OF SPORT ATHLETE AWARDS 2007 *CONTINUED*

### CRICKET - Nic Maddinson



Nic had a wonderful 2007. He represented both NSW Country and the NSW State side at U17 level.

Nic lets his batting do the talking. He is well liked by his team mates and always plays fair.

He is always keen to try something different and knows he can improve more with dedication. He has no hesitation in helping out his fellow players and always listens and attempts to do what the coaching staff suggests to him.

Last October, Nic hit what is believed to be a world record in 20/20 cricket, a score of 155 not out.

### INDIVIDUAL ATHLETE PROGRAM- Ryan Gregson



Ryan had a phenomenal 2007 scholarship year. He won numerous NSW and Australian titles and got to represent Australia at the World Youth Championships in Europe. Such is his talent, he managed to get through to the final of the 1500m at the World Youth championships and finish 5th in the hotly contested field, comprising of athletes from

the powerful Kenya and Ethiopia nations.

Ryan is always polite and well mannered, both before and after events. He always gives his best. He is always keen to participate in group discussions at education sessions. He is always keen and eager to represent the academy or his club when needed or asked.

Ryan hopes to make a career out of running and one of his goals is to make the 2012 Olympic Games in Britain.

### CYCLING - Scott Law



Scott had an exceptional 2007. He was selected in the Australian Junior team and competed at the Oceania Championships. At the nationals in February 2008, Scott took home 3 gold, 2 silver and 1 bronze medal. A great effort considering Scott hasn't turned 17 yet and is competing in the U19's!

He trains 7 days a week and never misses a training session anywhere. He uses his experience to help guide the younger members of the squad, and at races, is often complimented on his genuine approach to cycling.

Scott hopes to make a career out of cycling and is looking forward to one day competing in the Tour De France.

### RUGBY LEAGUE - Brett Doran



Brett represented Illawarra in the U15 rep side and is also involved in the Targeted Sports program at Endeavour High School.

Brett has shown himself to be available and dependable to both coaching staff and other players when needed. He never misses a training session or function. His attitude both on and off the field is a real showpiece. He regularly turns up at training 30mins early and has never had to be disciplined. Brett's goal is to play in the NRL competition.

## ILLAWARRA ACADEMY OF SPORT ATHLETE AWARDS 2007 *CONTINUED*

### NETBALL - Melissa Tallent



Melissa was selected into the Netball Association of Ind. Co-Ed. Schools U16 team and the NSW talent ID Tallies Squad. She also made it through to phase 3 of the State Trials. Melissa was outstanding last October at the Academy Games.

Melissa is a very dedicated member of the netball squad, who always gives her best. She never missed a training session, always listens to instructions and is always the first person to get stuck into training.

She supports her local association at all levels, including coaching and playing in the local representative team.

### HOCKEY - Oliver Walker



Oliver was selected into the Australian U16 All Schools team, after representing NSW at the national championships.

Oliver is an extremely determined and focused individual who never misses an opportunity to train. He is often one of the main contributors in group discussion - offering ideas and opinions. He always listens to advice and is always ready to put new ideas into practice. He is a role model for other players.

### RUGBY UNION - Tom Connor



Tom, last year captained and represented in the NSW U15 country team, which then lead to him gaining selection into the NSW U15 state team.

He shows leadership qualities beyond his years and he always tries to perform at his highest level.

Tom rarely missed a session all year with Illawarra and the Academy. He is always eager to consult the coaching staff and is regularly early at training to help set up.

He has strong links to both school and club communities and he helped design the new Illawarra playing strip.

### GOLF - Adam Kempt



Adam is a very competitive athlete, who always gives his best on the golf course. During the scholarship year Adam was selected into the NSW junior squad, and at the state age championships was awarded the NSW junior champion of champions title.

This was Adam's second year in the Academy and during that time he has always been alert and attentive at the training and education sessions, and could be seen helping out fellow golfers regularly.

## CYCLING SPONSORS



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Since its inception in 1995 [www.cyclingnews.com](http://www.cyclingnews.com) has grown to become the worlds biggest and best source for all the latest news, results and reviews in the sport of cycling.



NRMA Bowral & Katoomba provide a full range of NRMA insurance & motoring services. Insurance includes home, motor, boat, caravan and business and motoring services offer roadside assistance, member services, and motoring information.



FRF Sports (formerly ExcelPro), support riders from juniors to elite men and women. The organisation, has a passion for cycling and devotion to industry development.



Raine & Horne Wollongong lead the way locally in all forms of property sales and leasing, currently managing over 900 individual tenancies.

## SCHOLARSHIP HOLDERS 2007

### Union

Cameron Bond	David Brodie	Hagan Butler
Angus Chapman-Politis		Tom Connor
Ethan Ford	Tyson Frizell	Matt Gladman
Jarryd King	Heath Mercer	Thomas Ormsby
Nick Quinn	Luke Raduva	Benjamin Selby
Stephen Von Heerden		Harley Winters

### Hockey

Josh Anderson	Brodie Billett	Jacinta Carruthers
Janadarna Commerford		Rebecca Cross
Tess Ellis	Tamara Evans	Sheree Fanning
Bede Gillard	Cherrie Gooden	Esther Griffiths
Brooke Hawke	Bridie Hopkins	Jeremey Huk
Jake Jones	Kate McKinley	Kate Nealon
Nathan Nikolich	Jordan O'Brien	Heath Ogilvie
Sarah Patterson	Pat Pearse	Mark Rodgers
Tessa Royle	Alanna Smith	Cameron Springgett
Rebecca Thompson	Hannah Urquhart	Oliver Walker
Joshua Walters	Kate Wheeler	Tristan White
Jess Windle		

### Netball

Christina Allen	Latisha Beringer	Talia Cecchele
Morgan Davies	Kim De Vries	Stella Goodman
Tessa Harris	Alyse Holmes	Jessica Howard
Kelly Ingram	Emily Jansen	Ashleigh Larsen
Nicole Moore	Amanda Oswald	Madolyn Ryan
Melissa Tallent	Kia Westlake	

### IAP

Blake Brookman	Paige Fenech	Sally Fitzgibbons
Emma Ford	Ryan Gregson	Ryan Hennessy
Shelby Lacey	Sophie McLeod	Adam Reich
Ashley Thomas	Benjamin Wilson	Alana Yardley

### Golf

Adam Barnard	Jarryd Buckley	Aaron Keevers
Adam Kempt	Millie Kohen	Roland Krelle
Brittany Maher	David McLaren	Lauren North
Chris O'Shea	Elise Parker	Kane Parkes
Mitchell Pope	Tahniah Ravnjak	Kevin Walker
Brad Westley	Jordan Zunic	

### Rugby League Illawarra

Jackson Armour	Joel Baker	Kurt Brinkworth
Marwan Choubassi	Jackson Corbett	Brett Doran
Michael Emmett	Luke Gallagher	Brock Gilmour
Christopher Machin	Kyle Martens	Azan McCumstie-Turoa
Nigel Nawauwi	Mark Newman	Blake Phillips
Daniel Rimmer	Stefan Rusbourne	Luke Spears
Luke Taylor	Ethan Winzer	

### Rugby League Group 7

Owen Anderson	Tom Atkins	Daniel Brown
Aden Bull	Daniel Burke	Mitchell Daley
Garry Davidson	Jay Delaney	Luke Fields
Matt Gladman	Jacob Morrison	Matthew Murphy
William Rogica	Jason Rubino	Todd Ryan
Jarrold Schodde	Tim Sloman	Ben Stratton
Carl Warburton	Adam Wellington	

### Cricket

David Banks	Storm Collins	Adam Coughlan
Jack Daskey	Matt George	Tyson Harding
Christopher Jarman	Lachlan Lamont	Nicolas Maddinson
Stephen McNaught	Matt Norrie	William Norrie
Mitchell Phelps	Taun Stanham	Benjamin Toussis
Aaron VanEssen	Adam Zampa	

### Cycling

Taite Beeston	Aaron Donnelly	Joshua Ewan
Caleb Ewan	Scott Law	Jackson Law
Tirian McManus	Alex Tomlinson	Justin Tomlinson

## CURRENT SCHOLARSHIP HOLDERS

The scholarship year for many athletes commenced in October 2007. The athletes listed below are part of the 2008 program year.

### Hockey

Taylor Anderson	Brodie Billett	Rachel Cheetham
Alex Collyer	Kalindi Commerford	Kate Davis
Brogan Ford	Bede Gillard	Scott Govers
Brooke Hawke	Bridie Hopkins	Jordan Loveridge
Alex Mackay	Shelby Makin	Jake McCracken
Kate McKinley	Stephen McNaught	Alex Montgomery
Kate Nealon	Heath Ogilvie	Flynn Ogilvie
Sarah Patterson	Lauren Peace	Kizziah Plumb
Matti Rae	Tessa Royle	Pippin Saunders
Ariadne Sgouros	Oliver Walker	Joshua Walters
Chris Whitehall	Jess Windle	

### Netball

Renae Hahn	Alyse Holmes	Emily Jansen
Emma Kelly	Olivia Lenarduzzi	Samantha Masterson
Nicole Moore	Lucy Murchie	Amanda Oswald
Madolyn Ryan	Melissa Tallent	Kate Tonacia
Kia Westlake		

### Rugby Union

Paul Asquith	Cameron Bond	David Brodie
Hagan Butler	Brent Coleman	Tom Connor
Matthew Gladman	Rhys Hancock	Tristan Healy
Jarryd King	Sam Latu	Matthew Lee
Bradley Lisle	Patrick Morton	Kieran Norwood
Benjamin Selby	Blake Spencer	Mitchell Stokes
Brandan Threlfall	Nathan Trindall	Rory Waterfall
Harley Winters		

### IAP

Bernadette Cardillo	Elyse Finlayson	Emma Ford
Ryan Gregson	Ryan Hennessy	Bree Jones
Tayla King	Brianna Kostovski	Ryan O'Grady
Adam Reich	Ashley Thomas	Riley Wilson
Benjamin Wilson		

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## SCHOLARSHIP HOLDERS BY SPORT AND REGION 2007

SPORT	WOLLONGONG	SHELLHARBOUR	KIAMA	SHOALHAVEN	WINGECARRIBEE	TOTAL
<b>Cricket</b>						
Male	3	7		4	3	17
Female						0
<b>Cycling</b>						
Male			3		6	9
Female						0
<b>Golf</b>						
Male	3	3	1	5	1	13
Female	4			1		5
<b>Hockey</b>						
Male	9	1	1	2	3	16
Female	6	2	3	2	3	16
<b>Individual Athletes</b>						
Male	6					6
Female	4	2	1			7
<b>Netball</b>	5	1	1	3	3	13
<b>Rugby League</b>	18	8	4	10		40
<b>Rugby Union</b>	7	3	5	3	3	21
<b>SCG Totals</b>	65	27	19	30	22	163

## ATHLETE ACHIEVEMENTS 2007

Academy athletes achieved at all levels in 2007. The following lists athletic achievement in the 2007 calendar year for athletes on scholarship in that period.

### INTERNATIONAL ACHIEVEMENTS

<b>Athlete</b>	<b>Program</b>	<b>Event Name</b>	<b>Achievement</b>
Sally Fitzgibbons	IAP	World Junior Surfing Championships	1st U18
Sally Fitzgibbons	IAP	US Open Women's Surfing WQS Event Huntington Beach	3rd
Sally Fitzgibbons	IAP	Billabong Pro Junior Series - Raglan NZ	3rd
Ryan Gregson	IAP	IAAF World Youth Championships	5th 1500m Final
Aaron Donnelly	Cycling	Oceania Cycling Championships	2nd U19 Teams pursuit
Scott Law	Cycling	Oceania Cycling Championships	3rd U19 Kierin
Scott Law	Cycling	Oceania Cycling Championships	2nd U19 Omnium

### AUSTRALIAN ACHIEVEMENTS

<b>Athlete</b>	<b>Program</b>	<b>Event Name</b>	<b>Achievement</b>
Tristan White	Hockey	U16 National School Boys Team	Selected
Oliver Walker	Hockey	U16 National School Boys Team	Selected
Sally Fitzgibbons	IAP	Australian Junior Surfing Team for World Titles	Selected
Sally Fitzgibbons	IAP	Billabong Pro Junior Series	1st
Ryan Gregson	IAP	Australian Team for World Youth Championships	Selected
Ryan Gregson	IAP	Australian Team for Youth Olympics	Selected
Ryan Gregson	IAP	Kings Track and Field club premiership	U18 5000m Australian record
Ryan Gregson	IAP	NSW state 3km Championships	U18 & U20 3000m Australian record
Ryan Gregson	IAP	Kings Track and Field club premiership	U18 1500m Australian record
Ryan Gregson	IAP	Australian All Schools Cross Country Championships	1st U18 6km
Ryan Gregson	IAP	Australian All Schools Track Championships	1st U18 1500m & 3000m
Ryan Gregson	IAP	Australian U18 Interstate Challenge	1st U18 1500m & 1st U18 3000m
Ryan Gregson	IAP	Australian Youth Olympic Festival	1st U18 1500m & 1st U18 3000m \
Adam Reich	IAP	Australian Country Junior Basketball Cup	Runner up
Emma Ford	IAP	National HardCourt Championship	Doubles Winner

## ATHLETE ACHIEVEMENTS 2007 *CONTINUED*

### AUSTRALIAN ACHIEVEMENTS *CONTINUED*

Jane Ware	IAP	Australian Surf Life Saving Championships	3rd U17 Women's surf board relay race
Tayla King	IAP	Australian All Schools	1st Girls U14 High Jump, 3rd 14y Triple Jump & 3rd U14 Long Jump
Bernadette Cardillo	IAP	SLS Interstate centenary championship	2nd U15 beach sprint
Bernadette Cardillo	IAP	SLS Interstate centenary championship	1st Junior beach relay & 2nd in the Cameron relay
Shelby Lacey	IAP	Australian Sports Acobatics National Titles	won level 7 womens pairs
Scott Law	Cycling	Australian Junior Track Championships	1st 500m Time Trial JM17
Scott Law	Cycling	Australian Junior Track Championships	1st 200m Sprint JM17
Scott Law	Cycling	Australian Junior Track Championships	1st 2000m Individual Pursuit JM17
Scott Law	Cycling	Australian Junior Track Championships	1st team Sprint JM17
Scott Law	Cycling	Australian Junior Track Championships	1st 7.5km Scratch JM17
Scott Law	Cycling	Australian Junior Road Race Championships	1st 68km Road Race U17
Scott Law	Cycling	Australian Junior Road Race Championships	2nd 15km Time Trial U17
Scott Law	Cycling	Australian Junior Road Race Championships	3rd 15km Pairs Time Trial U17
Scott Law	Cycling	Latrobe Wheel Race - Open handicap	1st
Jackson Law	Cycling	Australian Junior Road Race Championships	1st 10km Time Trial U15
Jackson Law	Cycling	Australian Junior Road Race Championships	1st 15km Road Race U15
Jackson Law	Cycling	Australian Junior Road Race Championships	1st Criterium U15
Jackson Law	Cycling	Australian Junior Road Race Championships	1st Pairs Time Trial U15
Jackson Law	Cycling	Australian Junior Track Championships	1st 2000m Individual Pursuit JM15. Set New Australian Record
Jackson Law	Cycling	Australian Junior Track Championships	1st Team Sprint JM17
Jackson Law	Cycling	Australian Junior Track Championships	1st 5km Scratch JM15
Jackson Law	Cycling	Australian Junior Track Championships	2nd 500m Time Trial JM15
Jackson Law	Cycling	Australian Junior Track Championships	3rd 200m Sprint JM15
Caleb Ewan	Cycling	Australian Junior Road Race Championships	1st Pairs Time Trial U15
Tirian McManus	Cycling	Australian Junior Road Race Championships	2nd Pairs Time Trial U15
Tirian McManus	Cycling	Australian Junior Track Championships	2nd JM15 2000m Individual pursuit
Tirian McManus	Cycling	Australian Junior Track Championships	2nd JM15 Scratch race
Aaron Donnelly	Cycling	Australian Junior Road Race Championships	3rd 15km Pairs Time Trial U17

## ATHLETE ACHIEVEMENTS 2007 *CONTINUED*

### STATE ACHIEVEMENTS

<b>Athlete</b>	<b>Program</b>	<b>Event Name</b>	<b>Achievement</b>
Matthew Crisafi	Swimming	State Age Short Course Championships	2nd 15yrs 100m Breaststroke
Matthew Crisafi	Swimming	State Age Short Course Championships	3rd 15yrs 200m Breaststroke
Rachel Reynolds	Swimming	State Age Short Course Championships	2nd 15yrs 200m Backstroke
Rachel Reynolds	Swimming	State Age Short Course Championships	2nd 15yrs 200m Freestyle
Rachel Reynolds	Swimming	State Age Short Course Championships	3rd 15yrs 100m Butterfly
Nic Maddinson	Cricket	NSW U17 Team	Selected
Nic Maddinson	Cricket	NSW 17 Country Team	Selected
Blake Hutchinson	Cricket	NSW U17 team	Selected
Blake Hutchinson	Cricket	NSW 17 Country Team	Selected
Zoe Richards	Cricket	NSW U15 Team	Selected
Zoe Richards	Cricket	NSW CHS Seconds Girls Secondary Team	Selected
Jill Lilou	Cricket	NSW CHS Seconds Girls Secondary Team	Selected
Melissa Harrison	Cricket	NSW CHS Firsts Girls Secondary Team	Selected
Alana Smith	Hockey	NSW Country U18 Girls Team	Selected
Alana Smith	Hockey	NSW CIS Open U18 Girls Team	Selected
Allison Mina	Hockey	NSW U18 Womens Sportscover Hockey Team	Selected
Allison Mina	Hockey	NSW Country U18 Girls Team	Selected
Haidee Makin	Hockey	NSW U18 Womens Sportscover Hockey Team	Selected
Haidee Makin	Hockey	NSW Country U18 Girls Team	Selected
Heath Ogilvie	Hockey	NSW U16 Boys Indoor Hockey Team	Selected
Heath Ogilvie	Hockey	NSW U18 Boys Indoor Hockey Team	Selected
Jake Jones	Hockey	NSW U18 Boys Indoor Hockey Team	Selected
Jake Jones	Hockey	U18 Male Country Team	Selected
Janadarna Commerford		Hockey	NSW U16 All Schools Team Selected
Janadarna Commerford		Hockey	NSW U16 Boys Indoor Hockey Team Selected
Janadarna Commerford		Hockey	NSW U18 Boys Indoor Hockey Team Selected
Jordan Loveridge	Hockey	NSW U16 Boys Blues Indoor Team	Selected
Josh Anderson	Hockey	U18 Male Country Team	Selected
Josh Anderson	Hockey	NSW U18 Boys Indoor Hockey Team	Selected
Josh Walters	Hockey	NSW U16 Boys Blues Indoor Team	Selected

## ATHLETE ACHIEVEMENTS 2007 *CONTINUED*

### STATE ACHIEVEMENTS *CONTINUED*

Josh Walters	Hockey	NSW U18 Boys Indoor Hockey Team	Selected
Kate Nealon	Hockey	NSW U16 Girls Indoor Hockey Team	Selected
Kate Nealon	Hockey	NSW U18 Girls Indoor Hockey Team	Selected
Nathan Nicholich	Hockey	NSW U15 Boys Hockey Team	Selected
Nathan Nicholich	Hockey	NSW U16 Boys Indoor Hockey Team	Selected
Oliver Walker	Hockey	NSW U16 Boys Indoor Hockey Team	Selected
Oliver Walker	Hockey	NSW U16 All Schools Team	Selected
Tristan White	Hockey	NSW U18 Boys Indoor Hockey Team	Selected
Tristan White	Hockey	U18 Male Country Team	Selected
Owen Bunt	Hockey	NSW U16 Boys Blues Indoor Team	Selected
Scott Govers	Hockey	NSW U16 Boys Indoor Hockey Team	Selected
Flynn Ogilvie	Hockey	NSW U16 Boys Indoor Hockey Team	Selected
Chris Whitehall	Hockey	NSW U16 Boys Blues Indoor Team	Selected
Alex Montgomery	Hockey	NSW U16 Boys Blues Indoor Team	Selected
Sarah Patterson	Hockey	NSW U16 Girls Blues Indoor Hockey Team	Selected
Sarah Patterson	Hockey	NSW Country U15 Girls Team	Selected
Tessa Royle	Hockey	NSW U16 Girls Blues Indoor Hockey Team	Selected
Tessa Royle	Hockey	NSW Country U15 Girls Team	Selected
Kizziah Plumb	Hockey	NSW U16 Girls Indoor Hockey Team	Selected
Pippen Saunders	Hockey	NSW U16 Girls Indoor Hockey Team	Selected
Rachel Cheetham	Hockey	NSW U16 Girls Indoor Hockey Team	Selected
Jennifer David	Golf	Wollongong Links Youth Classic	1st girls
Jennifer David	Golf	Jack Newton Junior Golf Foundation Awards	Won the 'Spirit of the Foundation' award
Aaron Keevers	Golf	Jack Newton Junior Golf Foundation Awards	Player's Player of the year
Aaron Keevers	Golf	Mussellbrook Junior Masters	1st 14yrs boys title
Aaron Keevers	Golf	NSW State of Origin Team	Selected
Aaron Keevers	Golf	State Age Championships Tamworth	1st 14y boys Cup Championships
Aaron Keevers	Golf	Bathurst Junior Masters	2nd Overall 14Y boys scratch division
Aaron Keevers	Golf	Wollongong Links Youth Classic	1st U15 division
Adam Barnard	Golf	State Age Championships Tamworth	2nd U13 nett
Adam Barnard	Golf	Kiama Junior Masters	U16 boys gross runner up

## ATHLETE ACHIEVEMENTS 2007 *CONTINUED*

### STATE ACHIEVEMENTS *CONTINUED*

Adam Kempt	Golf	Gerringong Junior Open Championship	1st
Adam Kempt	Golf	NSW Junior Squad	Selected
Adam Kempt	Golf	State Age Championships Tamworth	2nd U16 scratch
Adam Kempt	Golf	Mollymook Junior Classic	Runner up A grade scratch
Adam Kempt	Golf	NSW State Age Championships	NSW Junior 'Champion of Champions'
Adam Kempt	Golf	Mussellbrook Junior Masters	3rd 17yrs boys title
Adam Kempt	Golf	Kiama Junior Masters	2nd Overall
Adam Kempt	Golf	NSW Junior Vardon Trophy	3rd overall
Brittany Maher	Golf	St Georges Basin Junior Open Tournament	1st in Gross Section
Brittany Maher	Golf	Moss Vale Junior Open	Girls nett winner
Brittany Maher	Golf	JNJGF Champions Trophy	Girls nett runner up
Tania Ravnjak	Golf	Kiama Junior Masters	Girls nett winner
Elise Parker	Golf	Moss Vale Junior Open	Runner up girls nett category
Brad Westley	Golf	Mussellbrook Junior Masters	1st 15yrs boys nett winner
David McLaren	Golf	State Age Championships Tamworth	3rd U16 Boys nett
Kane Parkes	Golf	Wollongong Links Youth Classic	1st U18 nett
Kane Parkes	Golf	Kiama Junior Masters	U18 boys gross winner
Matthew Groves	Golf	Kiama Junior Masters	U18 boys nett winner
Elle Sandak	Golf	Jack Newton Junior Golf Foundation Awards	Won the 'Master of Masters' award
Elle Sandak	Golf	Bathurst Junior Masters	Girls Overall winner
Ellie Sandak	Golf	Mollymook Junior Classic	1st
Ellie Sandak	Golf	State Age Championships Tamworth	Girls U17 Foundation Champion
Kane Parkes	Golf	Kembla Grange Junior Classic Tournament	1st U16 Gross Title
Millie Kohen	Golf	State Age Championships Tamworth	U14 nett title winner
Lauren North	Golf	Port Kembla Monthly Medal Championships	1st Ladies nett
Jordan Zunic	Golf	NSW Open championship	Qualified for the tournament
Jordan Zunic	Golf	Kiama Junior Masters	Overall winner
Roland Krelle	Golf	Gerringong Junior Open Championship	2nd
Emma Ford	IAP	Sawtell Seaside Open	Singles Quarterfinalist
Emma Ford	IAP	Sawtell Seaside Open	1st Open Ladies Doubles & Open Mixed Doubles
Emma Ford	IAP	NSW Metropolitan Hardcourt Championships	1st Open Ladies Doubles

## ATHLETE ACHIEVEMENTS 2007 *CONTINUED*

### STATE ACHIEVEMENTS *CONTINUED*

Emma Ford	IAP	NSW Metropolitan Hardcourt Championships	Quarterfinalist Open Ladies Singles
Emma Ford	IAP	Neapean Open Championships	1st Mixed Doubles
Emma Ford	IAP	Neapean Open Championships	Finalist Women's Open Doubles
Emma Ford	IAP	Perth Junior ITF	Runner up in Girls doubles
Shelby Lacey	IAP	Level 7 State Championships	Selected Level 7 Squad
Ashley Thomas	IAP	NSW Institute of Sport	Selected for basketball scholarship
Adam Reich	IAP	NSW U16 Basketball Country Team	Selected
Adam Reich	IAP	NSW U16 Waratahs Basketball	Selected
Sally Fitzgibbons	IAP	NSW State Surfing Titles	1st U18
Sally Fitzgibbons	IAP	Wollongong Pro Junior	1st
Sally Fitzgibbons	IAP	Billabong Easter Festival WQS	3rd
Sally Fitzgibbons	IAP	Newcastle Pro Junior	3rd
Sally Fitzgibbons	IAP	Coffs Harbour Pro Junior	3rd
Sally Fitzgibbons	IAP	Roxy Sunshine Coast Pro Junior	2nd
Sally Fitzgibbons	IAP	Roxy Phillip Island U18's	2nd
Sally Fitzgibbons	IAP	Roxy Phillip Island Pro Junior	3rd
Sally Fitzgibbons	IAP	Jetty Surf Pro Junior Bells Beach	3rd
Ryan Gregson	IAP	NSW state 3km Championships	U18 & U20 NSW record
Ryan Gregson	IAP	Kings Track and Field premiership - Open 5000m	U18 NSW record
Ryan Gregson	IAP	Kings Track and Field premiership - Open 1500m	U18 & U20 NSW record
Ryan Gregson	IAP	NSW U18 3km	1st
Ryan Gregson	IAP	NSW U20 Mountain Running Championships	1st
Ryan Gregson	IAP	NSW U18 Team	Selected
Ryan Gregson	IAP	NSW Combined High Schools	1st 17yrs 3000m, 1500m & 800m
Tayla King	IAP	NSW Combined High Schools	1st Girls 13yrs High Jump & 2nd 13y Long Jump
Tayla King	IAP	NSW All Schools	1st Girls 13yrs High Jump, Long Jump & Triple Jump
Bree Jones	IAP	NSW Combined High Schools	2nd Girls 14 yrs 3000m
Bree Jones	IAP	NSW Schools Junior Championships	1st Girls 14y 3000m
Ryan O'Grady	IAP	NSW Surf Life Saving Premiership	1st Overall U15 Ironman, Surf race & 3rd in the Board
Ryan O'Grady	IAP	Sydney Water Surf Life Saving Premiership	2nd Overall U15 Water based events
Ryan O'Grady	IAP	NSW Centenary Surf Life Saving Team	Selected

## ATHLETE ACHIEVEMENTS 2007 *CONTINUED*

### STATE ACHIEVEMENTS *CONTINUED*

Bernadette Cardillo	IAP	Sydney Water Surf Life Saving Premiership	1st U15 Overall beach events
Bernadette Cardillo	IAP	NSW Centenary Interstate Surf Challenge	1st Junior Beach relay, 2nd junior Cameron relay & 2nd U15 sprint
Bernadette Cardillo	IAP	NSW Centenary Interstate Surf Challenge	Selected
Brianna Kostovski	IAP	Wollongong Super Series	1st Girls 14's Doubles
Brianna Kostovski	IAP	Young Super Series	Runner up Girls 14's Doubles
Brianna Kostovski	IAP	Young Super Series	Runner up Girls 14's Singles
Melissa Tallent	Netball	Assoc. of Indep Co-Ed Schools U16 Team	Selected
Melissa Tallent	Netball	NSW Talent ID Tallies Squad	Selected
Melissa Tallent	Netball	NSW State Trials	Selected in squad of final 18 - Phase 3
Madolyn Ryan	Netball	CHS U16 State Netball Team	Selected
Madolyn Ryan	Netball	NSW All Schools U16s Netball Team	Selected
Madolyn Ryan	Netball	Academy Games Merit Team	Selected
Scott Law	Cycling	Gilmore Junior Sportsmans Award	Award
Scott Law	Cycling	NSW Track Cycling Championships	1st U17 500m time trial, 2000m ind. pursuit, teams pursuit & team sprint
Scott Law	Cycling	NSW Track Cycling Championships	1st 200m Sprint U17. Set New Australian record
Scott Law	Cycling	NSW Track Cycling Championships	3rd 7.5km Scratch U17
Scott Law	Cycling	NSW Junior Team	Selected
Scott Law	Cycling	Goulburn 2 Day Tour	1st Time Trial & Road Race U17
Scott Law	Cycling	Tamworth Junior 2 Day Tour	3rd U17 Category
Scott Law	Cycling	NSW U19 Points Race	1st
Scott Law	Cycling	NSW Junior Track Championships	1st Kierin, 2nd 1k time trial & 2nd omnium
Scott Law	Cycling	National Championships Canberra	Selected for NSW
Aaron Donnelly	Cycling	Illawarra Cycle Club Time Trial Champs	1st 18.5km Time Trial. Set new Club Record
Aaron Donnelly	Cycling	NSW Track Cycling Championships	1st Team Sprint U17 & 2000m Teams Pursuit U17
Aaron Donnelly	Cycling	NSW Track Cycling Championships	2nd 7.5km Scratch Race U17
Aaron Donnelly	Cycling	NSW Junior Team	Selected
Aaron Donnelly	Cycling	Goulburn 2Day Tour	1st Time Trial U17
Aaron Donnelly	Cycling	NSW State Road Championships	3rd U17 Category
Aaron Donnelly	Cycling	National Championships Canberra	Selected for NSW

## ATHLETE ACHIEVEMENTS 2007 *CONTINUED*

### STATE ACHIEVEMENTS *CONTINUED*

Aaron Donnelly	Cycling	NSW U19 Points Race	3rd
Caleb Ewan	Cycling	Goulburn 2Day Tour	3rd Time Trial, 3rd Criterium & 2nd Road Race U17
Taite Beeston	Cycling	Goulburn 2Day Tour	2nd in overall 4 stages
Jackson Law	Cycling	Goulburn 2Day Tour	1st Road Race & Time Trial U15
Jackson Law	Cycling	NSW Track Cycling Championships	1st U15 500m time trial, sprint, team sprint & teams pursuit
Jackson Law	Cycling	NSW Track Cycling Championships	1st 2000m Individual Pursuit U15 Set New Australian Record
Jackson Law	Cycling	NSW Track Cycling Championships	3rd 7.5km Scratch U15
Jackson Law	Cycling	NSW Junior Team	Selected
Jackson Law	Cycling	Southern Cross Junior Road Open U15	1st
Jackson Law	Cycling	Tamworth Junior 2 Day Tour U15	1st U15 category
Jackson Law	Cycling	Musswellbrook Junior Tour	Category Winner
Jackson Law	Cycling	NSW State Road Championships	1st U15 category
Jackson Law	Cycling	NSW Junior Country Track Championships	Won U17 time trial, U17 sprint & U17 scratch races
Jackson Law	Cycling	National Championships Canberra	Selected for NSW
Tirian McManus	Cycling	National Championships Canberra	Selected for NSW
Tirian McManus	Cycling	NSW Metropolitan Junior Track Championships	1st Individual Time Trial
Tirian McManus	Cycling	NSW Metropolitan Junior Track Championships	1st Sprint Derby
Tirian McManus	Cycling	NSW Metropolitan Junior Track Championships	1st Scratch Race
Tirian McManus	Cycling	Southern Cross Junior Road Open U15	3rd
Tirian McManus	Cycling	NSW Track Championships	2nd Individual Time trial
Tirian McManus	Cycling	NSW Track Championships	2nd Junior Pursuit
Tirian McManus	Cycling	NSW Track Championships	3rd Junior Scratch Race
Tirian McManus	Cycling	NSW State Road Championships	2nd U15 category
Illawarra U15's	R/League	NSW Country Championships	Lost in Cluster Cup final
Brett Doran	R/League	Illawarra U15 Rep Team	Selected
Ben Stratton	R/League	Southern Province CHS U15's team	Selected
Ben Stratton	R/League	Cronulla's Harold Matthews Squad	Selected
Tom Connor	R/ Union	NSW U15 Team	Selected
Tom Connor	R/ Union	NSW Country Team & Captain	Selected
Ethan Ford	R/ Union	NSW Country U16 Squad for National Champs	Selected

## **ATHLETE ACHIEVEMENTS 2007** *CONTINUED*

### **STATE ACHIEVEMENTS** *CONTINUED*

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Tristan Healey	R/ Union	NSW Country U15 Team	Selected
Ben Selby	R/ Union	NSW Country U15 Team	Selected
Hagan Butler	R/ Union	NSW Country U15 Team	Selected
David Brodie	R/ Union	NSW Country U15 Team	Selected
Tom Connor	R/ Union	NSW Country U15 Team	Selected
Tristan Healey	R/ Union	Southern Province U15 Team	Selected
Ben Selby	R/ Union	Southern Province U15 Team	Selected
Hagan Butler	R/ Union	Southern Province U15 Team	Selected
David Brodie	R/ Union	Southern Province U15 Team	Selected
Tom Connor	R/ Union	Southern Province U15 Team	Selected
Jarryd King	R/ Union	Southern Province U15 Team	Selected

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