

EARLY START FOR UNION SQUAD

Christmas has been earned for the 2004/05 Pubstay Rugby Union squad after completing 6 weeks of intense training. The squad will now break now until January 19 2005, where they will prepare for the upcoming Regional Academy Camp (27-29th January).

NSW Waratah's Coaching Coordinator Sean Barrett has been impressed with the level of commitment displayed from several squad members. "Stand out performers at training has been Sam Burnham, Mark Rooney, Aiden King, Jake Walker (right), Corey Brown and Brenton Dean."



Whilst Head Coach Tony Rogers has also highlighted the intensity the identified talent players have provided. "The invited participants have become an integral part of the training squad, benefiting from being included in the program and their continual development will certainly enhance their chances of inclusion into the 2005 program."

NETBALLERS LOOK TO STATE

The NSW 19 years and under squad was named on November 28th, at the Anne Clarke Centre, Lidcombe with three former Academy athletes being named:

Nicole Hahn (Illawarra/NSWIS), Leah Shoard (Illawarra) and Nadia Intihar (Shoalhaven) will attend the third and final of the selection process in mid January, vying for a spot in the 12 player team to compete at the National 17/U and 19/U Netball Championships at Darwin 4-9 April 2005.

Elise Edney (Dapto) is one of three NSWIS players to be selected into the Swifts feeder team for its inaugural season in 2005. For the former 2 year scholarship holder, the selection has capped a great year for the 19 year old, who was offered an NSWIS scholarship, selected in the NSW 19 and under team. The Swifts feeder team will compete in the NSW State League division one competition.

Edney and has now been reoffered a NSWIS scholarship for a second year alongside former Academy scholarship holder Nicole Hahn (Dapto).

GREEN & GOLD FOR HEINER

Competing last weekend in Bendigo at the Commonwealth Youth Games was former BlueScope Steel scholarship holder, Madeline Heiner.



Wearing the Green and Gold for Australia for the second time, the 18 year old, brought home a bronze medal over 1500m with a respectable time of 4:32.13 in a tactical race behind two British runners – Morag McLarty 4:29.25 (Scotland) and Nikki Hamblin 4:31.11 (England).

ACADEMY PAIR IN FINE FORM

Last weekend saw Jonathan English and Kurt Griffiths (right), competed at Wangi for the summer cat regatta.



The pair competed in four H16 youth Spinnaker races with English and Griffiths taking 1st place. In their chosen division, English and Griffiths sailed against Tornadoes, Formula 18s and the H16 Spinnaker boats.

Pushing hard across all races and with only two swims in separate races, English and Griffiths competed in over 6 races Saturday and Sunday, facing 20 knots on Saturday and 3 to 9 on Sunday.

Meanwhile, Academy squad mate, Alisha Kawalla was named Best Lady Overall and Best Youth in both events at the NSW State Race & Sport Titles.

2 MORE BLUES FOR CRICKET

Mitchell Gowland (Kiama) and Jordan Magro (Windang) have both been selected in the NSW U17 side to compete at the Commonwealth Bank Championships in Melbourne in December.

Both cricketers held a two year scholarships with the Academy and are now playing in the Southern and Illawarra competition respectively. They join former BlueScope Steel scholarship holder, Philip Wells who was selected in the state U19 squad.

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COMING SOON...

DECEMBER 2004

17..... Thredbo Camp (Swimming)

JANUARY 2005

- 18... New Zealand Tour (Cricket)
- 27..... Waratah Camp (Rugby Union)
- 29..... One Day Camp (Cycling)

FEBRUARY 2005

18..... Academy Meet (Rugby Union)