

RODGERS WELL PLACED

Sweating through eighteen hours a week training, gymnast David Rodgers (Woonona) has a renewed enthusiasm after finishing 2nd overall in the State Trials at Northern Beaches Gym on the weekend. Competing in the Level 9 open mens division, Rodgers placed 1st on the floor, pommel vault and high bar, along with 2nd place on the parallel bars and 3rd on rings. He will be a hot contender at the State Championships to be held at Glendale on April 8th-9th.



UPHILL CLIMB FOR DONNELLY

Congratulations go to Aaron Donnelly of Kiama, who literally had to battle all the way uphill to finish 6th at the NSW cycling hill climb championship at Mt Panorama last Saturday. Racing in the junior mens 17-year-old category, Donnelly completed the extreme course in just over 10 minutes, barely 30 seconds behind winner Thomas Pritchard from Parramatta.



THREE GRADUATES IN NSW U18

Emma Cobbin (Albion Park), Jessica Ford (Albion Park) and Danni Gregson (Bulli) – all City Coast Credit Union hockey graduates and members of the NSW U18 women's Hockey team, are currently competing at the National Championships in Adelaide. The girls have won 4 from 5 games so far, and are shaping up as strong medal contenders for the final on April 7th. We'll keep you posted.



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AGE NO BARRIER FOR SALLY

Fifteen year-old Sally Fitzgibbons (Gerroa) who is riding high after winning the Newcastle Wild Surf ProTeen Surfing event over the weekend.



Fitzgibbons outclassed 20 year-old Nicola Atherton (Bronte) with a near perfect 9.00 wave in the closing stages of the final, cementing a win in spite of big swells. "I just had to surf my own final and it worked out," she said.

Fitzgibbons will be the one to beat at upcoming ASP Australasian Junior circuit events, beginning with the Gromsearch final this weekend at Bells Beach. She will then head onto the ProJunior Billabong Easter Festival before competing in more world qualifier events at Maroochydore and the Central Coast.

All these events will prepare Fitzgibbons for the World Grommet Titles in Brazil next month.

HEINER FIRST AUSSIE HOME

BlueScope Steel graduate Madeline Heiner (Mangeton) proved she is up there with the best of them - running only 1 second behind the leader at the 2km checkpoint at the IAAF World Cross Country Championships in Fukuoka, Japan on the weekend.



Despite the muddy conditions Heiner was unable to hold her position but was the first Aussie home. She finished 18th overall in the 6km junior women's race with a time of 20 mins 39 secs, which was just over one minute behind the winner. Finishing in front of her were six Kenyans, four Ethiopians and five Japanese girls.

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