

OUR PARTNERS



OUR SPONSORS



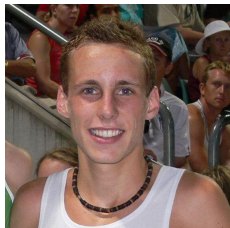
COMING SOON...

APRIL 2007

- 19.....Rugby League
(Selection Camp)
Gerringong
- 21.....Golf
(Training)
Prot Kembla
- 22.....Netball
(Training)
University

FITNESS 5 & RAGLAN PRO PLACINGS

One of NSW's most prestigious fun runs was held last weekend in Wollongong.



The Fitness 5 fun run was run & won by Commonwealth games representative, Youcef Abdi in 14:22, just one second outside his course record.

BlueScope Steel runner, **Ryan Gregson** (Bulli) stepped up to the mantle and finished a very strong 3rd outright in a time of 14:53. This resulted in Ryan adding another age group record to his name.

Also squeezing into the top 10 was graduate Jared Poppett (Kiama) in a time of 15:53 which saw him finish 3rd in his age group and 1st in the family teams section.

Sally Fitzgibbons of Gerroa competed in New Zealand last week at the Raglan Pro Junior.



Unfortunately the surf conditions weren't favourable for the famous Raglan Point break and the contest was moved to a neighbouring beach.

Sally performed well progressing to the semi finals once again, scoring a perfect 10 in her quarter final. She had to settle for another 3rd place, after losing to Airini Mason in the semi final.

The next couple of events are at Maroochydore and Burleigh Heads commencing next week and Sally will have the opportunity to make up the 155 points deficit to regain her ratings lead.

CRICKET & CYCLING SCHOLARSHIPS

The final trials for both the cricket and cycling squads were held on the weekend.

A final list of successful scholarship applicants will be published as soon as possible.

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STRONG SHOWING AT BATHURST

The 2007 Bathurst Junior Masters was held last weekend.



On day 1, in the girls division, Emma Betland shot a round of 74 to be one shot ahead of Elle Sandak in the Girls 16 years and over. Then on day 2, Elle Sandak shot the round of the day with one a under par 71.

With a total scratch score of 146, there had to be a playoff to decide the girls winner. Elle Sandak and Jayde Turner played off in the girls division with Elle proving too strong and was crowned the eventual winner.

In the boys divisions, Aaron Keever (Unanderra) was the best performer from the Academy squad.

Competing in the 14 year age category, Keever had the equal best score on day 1 and the 2nd best score on day 2 and finished 2nd overall in the scratch division of his age group.

CAN YOU HELP?

Lewis Sargent-Wilson is 11 months old. He is the youngest of 3 children to Adam & Kerrin.

Last December Lewis was diagnosed with Acute Myeloid Leukemia. This is an aggressive type of cancer is in his brain and spinal fluid. The treatment for this type of cancer is 6 courses of strong chemo over six months. At the end of the six months Lewis will undergo a bone marrow transplant, with his brother Billy being the bone marrow donor.

The whole journey is a roller coaster ride for Adam, his wife Kerrin and their family. They need to be there for Lewis 24/7 at the Sydney Children's Hospital, while at the same time be at home in Woonona with their other two little ones. Lewis' treatment will be on-going for some time.

A group of their friends are trying assist the family through this most difficult time. A fund-raising night has been organised for the 27 April at the Portofino Centre in Wollongong.

If you can help by buying a ticket or would like to make a donation, please call **Angela on 0402 322 082** or e-mail to angela@sav-efitness.com