

OUR PARTNERS



OUR SPONSORS



COMING SOON...

JANUARY

28.....RUGBY UNION
Skills session
Ocean Park, Woonona
6-8pm

FEBRUARY

1.....NETBALL
Education & Training
KIAMA
9am—1pm

2.....HOCKEY
Skills session
Welby
530pm—7.30pm

Swim Sports

STATE AGE RESULTS

The NSW State Age Championships were held in Sydney recently. All members of the Sydney Water swim squad competed with pleasing results.



Jordan Chyra and Kirra Jones swam well without medalling with Chyra's best result being a 4th in the 200m butterfly and 5th in the 100m butterfly. Jones finished 5th in the 200m breaststroke and 6th in the 100m breaststroke.

Emma McKeon continued on her good recent run of form by winning the 50m and 100m freestyle events as well as the 100m butterfly.

Meanwhile, Zoe Elkerton (pictured above) swam a marathon program of events. Elkerton was placed in the 100, 200, 400 and 800m freestyle events as well as the 200m butterfly. She also finished 5th in the 50m freestyle and 400m I.M and 6th in the 200m I.M.

Golf

KOHEN'S PRIME WIN

Graduates Millie Kohen (pictured) and Aaron Keever led their rivals a merry dance for most of the five days of the Prime 90 tournament that concluded last Friday at the Wollongong Golf Club.



Keever got off to a great start and was 12 shots clear after the first two rounds. However, a poor last round saw his lead fade and he eventually finished runner up. Kohen, meanwhile, never released her grip and eventually won by a clear margin. Finishing runner up to her was Tahnia Ravnjak.

Others to do well were Tom Holz who won the U18 gross with Roland Krelle runner up. Jason Bond rounded off good performances by academy golfers by winning the boys U18 nett category.

Netball

STATE REWARD

Talented netballer Melissa Tallent has come through a series of gruelling selection trials, where she had the opportunity to display her ability to state selectors.



She progressed through stages 1 and 2 of the trials and has been rewarded with her selection into the NSW U19 state squad. This squad will now start training together as a team beginning this Friday at the Ann Clarke Centre in Sydney

Cycling

OLYMPIC BRONZE

Aaron Donnelly (pictured) has just finished competing in the 2009 Australian Youth Olympics at the Dunc Gray Velodrome in Sydney. Donnelly had a busy schedule over the three days of competition.



First up on day 1 he finished 10th in the individual pursuit. He backed this up with a 7th in the final of the scratch race and an 8th in the points race. He finally picked up a medal as his team finished 3rd in the 4000m teams pursuit.

In other news, Jackson Law almost emulated older brother Scott at the Launceston carnival just after Christmas. Jackson finished 2nd in the rich Latrobe wheel race.

Cricket

ALL SCHOOLS SELECTION

The NSW All Schools team to play in the Australian championships next March was selected recently. Congratulations go to Jordan Matthews from the BlueScope Steel cricket program on his selection.



This selection follows Jordan's performances for the U15 Combined Catholic Colleges in the All Schools Championships that were played in early December. The squad of 13 will train together before they travel to Victoria to compete.

NOMINATIONS CLOSING SOON

Nominations for Cricket, Golf and the Lawn Bowls programs will close in the first week of February.

To nominate please go to the academy's website and fill in the form online.

Unsubscribe from eNEWS? Please [click here](#)

For more information go to www.iaas.org.au