

OUR PARTNERS



OUR SPONSORS



COMING SOON...

AUGUST

- 8.....Cycling
Squad Ride
Illawarra Cycle Club
Saturday 9am
- 12.....Lawn Bowls
Training & Education
Warilla Bowls
Wednesday
5.30pm—7.30pm
- 15.....Cycling
NSW Jnr Road Champs
Port Macquarie
Saturday

Swimming

WORLD CHAMPS BRONZE

Sydney Water graduate Robert Hurley has just finished competing at the World Swimming Championships in Rome. Despite swimming a number of personal best times, Hurley failed to make any finals. In the heat of the 400m freestyle, Hurley beat the Olympic champion Taehwan Park, recording 3.46.01 and missed qualifying by just 0.33 of a second. It was a similar story in the 800m free. Despite swimming a new PB of 7.50.65, it was 0.94 off qualifying for the final. He also just failed to qualify in the 100m backstroke and the 1500m freestyle. The swimsuit controversy at these championships would have played a role in Hurley missing out some of those finals. All was not lost however, as Hurley picked up a bronze medal as part of the 4x200m freestyle relay team.

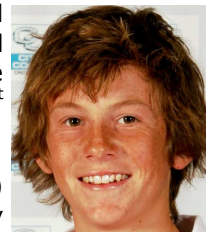


Hockey

LOCAL ACTION

IAS scholarship holders and graduates have been in goal scoring form across the weekend in Illawarra 1st grade hockey.

Tristan White (Pictured) scored 4 goals for University in their victory over Dapto, with team mate Flynn Ogilvie scoring a hat trick.

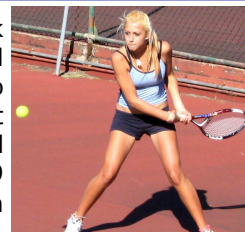


Bede Gillard was also on target for Albion Park, scoring a double in their high scoring victory over Fairy Meadow. Oliver Walker replied with an impressive goal however it wasn't quite enough with Albion Park prevailing 6 -5.

Tennis

ON THE ROAD

Dael McKenna (Oak Flats) continues to travel far and wide in order to improve herself. Last week McKenna competed at Sawtell in the 2009 Sawtell RSL AMT Open in the girls 18 years singles, the open women's singles and open women's doubles categories.



In the girls 18 singles, McKenna won her first match before going down to the 7th seed in the next. In the open singles, McKenna once again won her first match but then faced up to the 5th seed in the second round match and lost in straight sets. There was further disappointment in the doubles as her team lost in the first round.

Surfing

US CHALLENGE

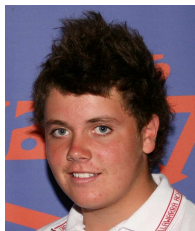
Dual Tobin winner, Sally Fitzgibbon, recently surfed in the 6 star "WQS" US Open of Surfing event. The tournament was held at the Huntington Beach in California. Fitzgibbon easily won her heat in the round of 48 and 24. Then it was on to the round of 12 where the top 2 qualifiers go on to surf in the quarter finals. Unfortunately for Sally, she faced up to Courtney Conlogue of the US and was no match for her. Conlogue went on to win the final.



Golf

KEMBLA SUCCESS

Graduates Aaron Keevers (Pictured) and Elise Parker had a successful weekend at the Kembla Grange course. Keevers won the Grange Open by one shot on Saturday then on Sunday Parker teamed up with some club members to win the Grange Mixed Foursomes Championship by one shot.



NOMINATIONS OPEN

Athlete and staff nominations are currently open for the 2010 academy programs in the sports of Hockey, Netball, Rugby Union, Tennis and Individual Athlete Program.

Nominations are also open for the 2009 U15 Netball squad. Please check the IAS website for details on all nominations.

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