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COMING SOON...

FEBRUARY

- 4.....IAP
Education
URAC
6.30pm—8.00pm
- 4.....RUGBY UNION
Skills session
Vikings Oval
6.00pm—8.00pm
- 8.....TENNIS
Education & Training
Beaton Park
1.00pm—4.00pm
- 9.....HOCKEY
Training
Welby
5.30pm-7.30pm

TRIUMPHANT GAINS

Surfing

BlueScope Steel surfer, Leroy Davies has had a hectic start to the new year with three events in 4 weeks. Last Saturday, Davies won the U18 category of the Illawarra titles at North Wollongong Beach (a best two of a three round series). With this win he was placed first in the U18 category. This result now means he will be seeded at the state titles which will be held at Foster in July this year.



Athletics

Abbie Taddeo had an outstanding carnival when she competed at the Country Championships at Campbelltown last month. Despite competing with swirling wind and temperatures in the low 40's, Taddeo broke a long standing record, which has stood for 25 years in the 90m hurdles. She finished these championships with 5 gold and a silver.



A few days earlier, Taddeo also raced at the Country Championships in Port Macquarie for surf life saving. Competing in the U15 category, she won the beach sprint, the flags, was part of the U15 sprint relays and the U15 Cameron relays.

Aquathon

A number of academy athletes competed in the traditional Australia Day aquathon at Belmore Basin in Wollongong. Best performed in the 900m swim & 7km run was Sydney Water graduate Amelia Hallagan from Kiama. Hallagan won the female section of the short course.

Since her inclusion in the Australian Sports Commission National Talent ID program for Triathlon, Hallagan is beginning to display her talent. Kirra Jones also had a strong race, placing 4th overall and 3rd in her age group.

In the long course event Shane Barrie and Ben Allen finished second and third respectively. Narrowly missing a top 10 finish, despite a great run leg was Ryan Hennessy. Bree Jones was another one to race well and with a strong run leg, she managed to finish 3rd in the U20 category, despite only being 15.

It is also worth mentioning that long serving Academy board member, Brian Baird, also competed and did himself proud by finishing 2nd in the over 60 category.

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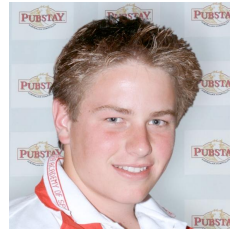
ZOE UPSTAGES RIVALS

Congratulations to Sydney Water swimmer Zoe Elkerton on her convincing win in the inaugural Sandon Point ocean swim. The event was swum over approximately 1.2km and Elkerton showed everyone, including all the male swimmers, a clean pair of heels as she swam away to a clear win.



PALMER SELECTED

Daniel was selected in the starting 15 for the NSW Waratahs in their match against the Queensland Reds a week ago. Palmer played a steady match and the Waratahs eventually won the game 17-5.



The Waratahs next game was against Fiji, which they won convincingly, with Palmer named as a reserve for the match. The Waratahs will face the Brumbies on this at the Sydney Football Stadium in their final pre-season trial. Palmer is hopeful of getting a start in the run on side and securing a starting spot for the upcoming Super 14 series.

SARAH REPS NSW

Sarah Boddington recently represented NSW in an U18 tri series in Western Australia. This series involved U18 sides from NSW, South Australia and 2 from WA. The series was played in Mandurah on sand filled synthetics, which proved to be a tough hurdle for the NSW team to overcome. The series was eventually won by the WA gold side.

TOUR WINNINGS

2009 Gosford Summer # 1 AR 4 tournament has just been completed with success for an academy graduate. Emma Ford who was part of the BlueScope Steel Individual Athlete Program won the women's open doubles with partner Shannyn Rickets. These two won all their matches in straight sets and the final 6-3, 6-2. Also playing in the doubles was Stella Crick, who managed to reach the round of 16 & Rachel Frezza who lost in the quarter finals.

For more information go to WWW.IAS.ORG.AU