

Hockey

SELECTIONS GALORE

In a busy week of Hockey, IAS graduates featured strongly in a number of representative teams. Flynn Ogilvie (*Pictured right*) departed for Hong Kong and China with the Australian Schoolboys team while Kiz-ziah Plumb (Figtree) also left for Malaysia and China with the Australian Schoolgirls team.



Meanwhile Tristan White, Nathan Ackroyd, Josh Walters and Oliver Walker are in Melbourne for the next fortnight with the NSW U21 men's team contesting the national championships, they are coached by former IAS coaches Barry Reid and Rob Davis. White departed straight from Canberra after featuring in the 2nd round of the Australian hockey league for NSW Waratahs along with Kieran Govers and Kurt Ogilvie. The team defeated Northern Territory 6 -1 and lost a tight battle with QLD 4-3 over the past weekend.

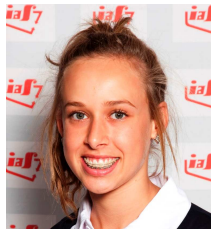
Hockey NSW has also announced their 2011 squads for the U18 women and NSW Arrows. Rachel Cheetham, Kyah Gray, Tegan Richards and Kizziah Plumb (*Pictured right*) were named in the U18 squad while Emma Cobbin, Airlie Ogilvie and Lyndal Ogilvie featured in the Arrows squad.



Cycling

CANBERRA EXPERIENCE

The IAS cycling squad competed in the Junior Canberra Tour over the weekend. While all athletes gained significant experience from one of Australia's biggest junior races, the best performers were Caleb Ewan and Josie Talbot (*Pictured*).



Ewan finished in 2nd overall placing in the U17 Men's category including consistent top 3 placings over most stages while Talbot finished 5th in the U15 Women's category including two top 3 placings over the multi-stage race. Talbot was well supported in the U15 Women's race with Bridget Mullany (7th).

Bradley Heffernan also recorded a top 10 overall finish (9th) in the U15 Men's race.

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Lawn Bowls

BOWLERS ON A ROLL

IAS scholarship holders Kyle Johannes, Sarah Boddington, Justine Walsh (*Pictured*) and Stephanie Hili will all compete with the NSW U18 team for this week's interstate competition against their QLD counterparts in Paradise Point, QLD. This strong IAS contingent makes up four of the ten bowlers selected for the NSW team.



Meanwhile, Boddington and Karen Murphy were a part of the NSW U25 and opens team respectively in last week's Interstate competition with QLD. Boddington recorded strong results in the singles section of the U25's Super 6 series to help NSW to a 3-1 victory. Unfortunately Murphy couldn't follow suit with her opens NSW team losing the 3 test series 2-1.

Swim Sports

SWIMMERS OVERSEAS

Graduate Robert Hurley returned last week from his altitude training camp in the USA. He concluded his trip with a competition meet in California where he had some great results against world class fields including 1st in the 1500m and 2nd in the 800m and 400m freestyle races. Hurley also competed in the 200m but was lacking the raw speed required in this event after the gruelling altitude training camp.



Current Sydney Water scholarship holder, Jarrod Poort (*Pictured above*) is in New Zealand this week with the swimming Australia trans tasman tour team. This tour is used to give the best junior age group swimmers some valuable overseas tour and competition experiences.

Golf

STATE SELECTIONS

The NSW State and Colts teams have been named for the interstate series to be held in QLD in September.

Lincoln Tighe (*Pictured right*) has gained selection in the state team while Jordan Zunic continues his good form with selection in the colts.



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COMING SOON...

JULY

- 7.....Lawn Bowls Training
Warilla Bowls
5.30pm
- 11.....Netball Squad Training
Nowra Anglican College
Sunday
9:00 to 12:00
- 14/16.....Netball NIB Games
Maitland
- 17.....Cricket Edu session & Training (Nutrition)
Hayden Drexell Oval
9:30 to 2:30