

OUR PARTNERS



OUR SPONSORS



COMING SOON...

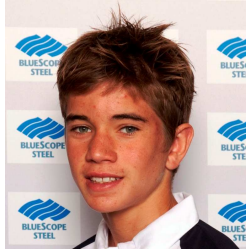
FEBRUARY

- 7.....Netball
Training
University of Wollongong
Sunday
9am—12
- 8.....Hockey
Training & Edu
University of Wollongong
Monday
5.30pm—7.30pm
- 8.....Rugby Union
Training & Edu
University of Wollongong
Wednesday
6pm—8pm

Triathlon

A BUSY MONTH

New BlueScope Steel triathlete, Jake Montgomery (Thirroul) has had hectic race schedule over the past few weeks.



First up he competed at the last Protour to be held at Kurnell and there was a record crowd racing.

Montgomery came out of swim in great position then out on bike with chase pack. After struggling early on the run leg, he gradually picked up the pace and ended up finishing in 11th place out of the 33 ITU Elite athletes and 12th overall in a field of 537.

Next up was the Illawarra Tri Club race at Port Kembla. After coming out of the water equal first Montgomery struggled a little on the bike leg, but recovered on the run to finish 2nd overall.

Then on Australia Day, Montgomery raced at the Illawarra Aquathon long course event in the U20 category, which had a great line-up of some of the best NSWIS athletes and some Olympic athletes. Despite racing some athletes that were years older than him, he managed to come out of the water in 12th place behind another IAS graduate in Shane Barrie.

Once he was out on the run, Montgomery found a good pace and rhythm which saw come in at

Rustal Shooting

STRAIGHT SHOOTER

Nicholas DiGenni (Windang) was last week named the NSW Junior Aggregate Champion for 2009.



The championship is based on all Junior Scores across NSW in 2009, handicapped, so all are on a level field.

Hockey

OPEN DEBUT

Congratulations to former Tobin winner Kieran Govers, who last week made his senior debut for the Kookaburras in the first match of the 3 test series against Korea

Cricket

WORLD CUP WIN

BlueScope Steel graduates Nic Maddinson (Pictured) and Adam Zampa have returned back to Australia in triumphant fashion, following the completion of the U20 World Cup in New Zealand.



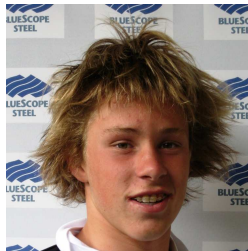
The Australian team only lost one game in the championship and defeated Pakistan in the final. Zampa missed out on a spot in the final, whilst Maddinson was unfortunately out LBW for a duck. Zampa finished the championship with 4 wickets in 2 games, with his best figures of 3/21 coming against the USA team, whilst Maddinson ended up averaging 17, with a top score of 37.

Still on cricket, the Illawarra team to play a match against the Newcastle team at Figtree Oval on 21 February was announced last week. 8 out of the 12 members of the team are academy graduates. Dale Schifleet, Josh Lehane, Mark Longhurst, Aaron Hickson, Stuart Tobin, Michael Stephenson, Kyle Connor were selected along with Graeme Batty, who will captain the side.

Surf Life

ON TARGET FOR NATIONALS

Mackenzie Hynard has just returned from a very successful long weekend with the NSW Surf Life Saving Team that competed at the Interstate Surf Life Saving Championships. Hynard's results were as follows:



1st in the U15 ironman, 1st U15 board rescue, 1st U15 Cameron relay and 2nd in the U15 board race. The NSW ended up winning the interstate pointscore. These results have Hynard looking in good shape for the upcoming State and National championships in February and March.

Noms

NOMINATIONS

Nominations for Golf, Cycling and the Lawn Bowls programs are currently open. To nominate please go to the academy's website and fill in the form online.

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