



## Cycling

### Cycling

Wire held at the Dunc Gray velodrome on Saturday 15 January, with the IAS cycling squad bringing home a number of medals. Josie Talbot (Wol) is the NSW JW17 champion for 2011 after cleverly positioning herself in the perfect spot and then out-sprinting her opposition to win.



Lara Balfin (Kiama) took the bronze medal in the same race. Brad Heffeman (Wol) took the silver medal in the JM17 age division, being beaten by the narrowest of margins in a thrilling one on one sprint in the final lap. Brad was the only rider prepared to chase down the solo breakaway but in doing so brought the bunch with him.

Bridget Mullany (Camdenerra) continued her dominance of the JW15 age division and is the NSW champion after she shut down every attack launched by her opponents and used her track craft to maintain a good position from which she was free to launch her own decisive attack in the final lap to claim the Gold medal. Holly Heffeman (JW17) and Matthew Pignatelli (JM15) rode very well and were unlucky not to make it on the podium, both finishing in 4<sup>th</sup> place.



## Lawn Bowls

The Warilla Bowls club recently hosted the quadrangular series, featuring teams from NSW, SA, WA and Victoria. The NSW under 18 state team was the clear winner, with Sean Mawdsley (Oak Flats) and Kyle Johannes (Barrack Heights) playing exceptionally well. Mawdsley in particular, as the singles representative, was unstoppable winning all his three singles matches against quality opponents. The two boys then joined forces as the pairs representatives and won two of their three matches.



## Pistol Shooting

### Pistol Shooting

Nic Digerni has been awarded the 2010 NSW junior aggregate champion for the second year running. The title was presented to him at the NSW Junior development camp just held at Cessnock two weeks ago. The trophy was awarded for best aggregate scores over three competitions from scores for air pistol and sport pistol. His next



## INDOOR TEAMS

Two BlueScope Steel cricket graduates were recently named in the Illawarra Colts team that played in the Colts carnival at Dubbo last weekend. Taun Stanham and Daniel Borotov were both selected to compete. The team didn't play as well as they could have and ended up winning only one of their three games.

## Golf

Travis Smyth (Finders) continued his recent good form by taking out the annual Prime 90 event that was played recently. Played over five days at five different locations, Smyth was well placed throughout and went on to claim the title. Others to do well were Academy players, James Malin (Shellcove), who was crowned the overall net category winner and Jordan Widdicombe (Jamberoo) who was runner up in the under 18 gross. Graduate Amelia Stannard was the girls gross winner, whilst



Adam Bernard was the under 18 gross runner up. Also in golf news, former IAS golfer of the year winner Ete Sandak played her first tournament as a professional at the NSW Women's golf open at the Oatlands golf club. Sandak made the cut and ended up finishing midfield. Jordan Zunic, Lincoln Tighe and Roland Kroll also played last weekend at the 2011 Lake Macquarie International amateur championship. All three had a good championship, with Zunic finishing equal 20<sup>th</sup> at even par, Tighe finished at one over and Kroll four

Check out the Academy page in the Illawarra Mercury every Thursday!

For more information go to [www.ias.org.au](http://www.ias.org.au)